Mom Guess What! Newspaper

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Hundreds Of Cowboys Came Out To the 3rd Annual Sierra Stampede.

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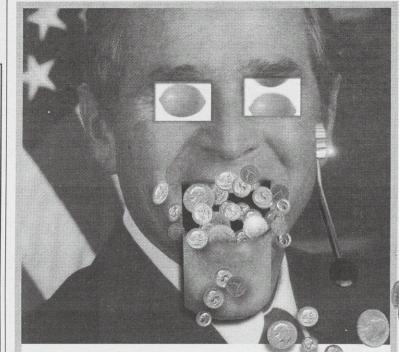
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FORU



Put Bush's Money Where Your Community Is

I am sure that by now you have heard the news about Bush's tax cut plan and the rebate checks that are coming. Single individuals can expect checks of up to \$300 and families as much as \$600. These checks are being prepared for mailing even as I am writing this letter.

The tax plan represented billions of dollars of lost revenue to the government and will undoubtedly lead to huge reductions in social service programs. A \$300 donation to Breaking Barriers will buv:

- · One week of food for twenty-three families coping with HIV or breast cancer
- · Give fifteen trips to the doctor for someone with HIV or breast cancer
- Provide one week of emergency housing for homeless people
- ·Pay for two mammograms to screen high risk women for breast cancer
- Help twenty people get tested for HIV
- Educate 150-200 youth about HIV
- · Buy 5,000 condoms

☐ 1 year mailed 1st Class and Bagged.

I hope you realize the difference you can make and consider all of these options when deciding what to do with your windfall.

Sincerely.

John Rambo **Executive Director Breaking Barriers** Sacramento

Amt

City State E-mail ☐ Check Enclosed ☐ Address Change ☐ 1 year mailed on the 1st & 15th □ 2 years mailed on the 1st & 15th.

Finger-Pointing At CUC

Dear Editor,

Supervisor Muriel Johnson is a hypocrite. She opposes domestic partnership benefits for county employees on religious grounds while, at the same time, serving on the board of the Capital Unity Council, an organization dedicated to increasing tolerance for diversity. How can she respect diversity while using religion to justify discrimination?

We urge Supervisors Johnson, Niello, and Nottoli to carefully consider the issue of domestic partnership benefits. Fairness and equality demand that we be treated

the same as other county employees. Currently, the county provides more benefits to employees who just got married for the third time than they do to us. We've been in a committed relationship for over eight years. The injustice will not go unchallenged by those of us in the LGBT community and our fair-minded friends.

We will not support those who wish to discriminate against us. In upcoming elections, we will vote for leaders who respect equality. We will use our purchase power to support inclusive business owners. We ask others to do the same.

Sincerely. Tom Brandeberry Christopher Ham Sacramento

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MGW readers are interested in what you have to say! For verification, letters to the Editor must include a signature, printed name, address and phone number. Names can be withheld if requested. MGW reserves the right to edit for brevity, content and slander. See staff box at left for mailing and contact information.

BIAS CRIME

NON-EMERGENCY 264-5471 .454-BIAS (2427) 264-5471 SACRAMENTO POLICE DEPARTMENT 581-2300 SACRAMENTO POLICE DEPARTMENT, ADVISORY COMMITTEE MEMBERS A REMINDER If you have an issue with the Sacramento Police Department, there is a group of SPD officers and civilians that volunteer to help facilitate better communications between the GL community and the SPD. Please call them with your concerns. en the GLBT

Sqt. Cara Westin. .264-5990 Capt, Jim Hyde..... Officer Barbara Schmacher Midge Marino 564-5471

MGW

Mom Guess What! Newspaper

hope

corBecause where I go reality from here is up to me. future

Think Ahead. Plan Your Future With VIRACEPT*.

Because it's strong and effective. Keep your viral load down with the #1 prescribed HIV medication of its kind.* VIRACEPT works with you to keep your life on track.

Because it's easy to live with. VIRACEPT's easy dosing schedule and manageable side effects have been helping all kinds of people continue to lead their lives on their own terms.

Because it saves future options. When choosing a treatment plan, it's important to consider what options you will have in the future. Studies show taking VIRACEPT early on leaves you with choices in treatment for later. Ask your doctor about your future with VIRACEPT.

VIRACEPT nelfinavir mesylate

VIRACEPT is indicated in combination with other antiretroviral agents for the treatment of HIV infection. The most common side effect of VIRACEPT is diarrhea, which can usually be controlled with over-the-counter treatments. Some prescription and non-prescription drugs and supplements should not be taken with VIRACEPT, so talk to your doctor first. For some people, protease inhibitors have been associated with the onset or worsening of diabetes mellitus and hyperglycemia, changes in body fat, and increased bleeding in hemophiliacs. HIV drugs do not cure HIV infection or prevent you from spreading the virus.

Refer to the important information on the next page. For more information, call toll free 1-888-VIRACEPT or visit www.viracept.com.

Mom

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(nelfinavir mesvlate)

Tablets and Oral Powder **Information for Patients**

about VIRACEPT® (VI-ra-cept) Generic Name: nelfinavir (nel-FIN-na-veer) mesylate

For the Treatment of Human Immunodeficiency Virus (HIV) Infection

'lease read this information carefully before taking VIRACEPT. Also, please read his leaflet each time you renew the prescription, just in case anything has changed. his is a summary and not a replacement for a careful discussion with your doctor. ou and your doctor should discuss VIRACEPT when you start taking this medication nd at regular checkups. You should remain under a doctor's care when taking 'IRACEPT and should not change or stop treatment without first talking with our doctor.

Nert: Find out about medicines that should NOT be taken with VIRACEPT. I'ease also read the section "MEDICINES YOU SHOULD NOT TAKE WITH VIRACEPT".

VHAT IS VIRACEPT AND HOW DOES IT WORK?

'IRACEPT is used in combination with other antiretroviral drugs in the treatment of people with human immunodeficiency virus (HIV) infection. Infection with HIV eads to the destruction of CD4 T cells, which are important to the immune system. After a large number of CD4 cells have been destroyed, the infected person develops acquired immune deficiency syndrome (AIDS).

/IRACEPT works by blocking HIV protease (a protein-cutting enzyme), which is required for HIV to multiply. VIRACEPT has been shown to significantly reduce the imount of HIV in the blood. Although VIRACEPT is not a cure for HIV or AIDS, /IRACEPT can help reduce your risk for death and illness associated with HIV. Patients who took VIRACEPT also had significant increases in the number of

//IRACEPT should be taken together with other antiretroviral drugs such as letrovir[®] (zidovudine, AZT), Epivir[®] (lamivudine, 3TC), or Zerit[®] (stavudine, d4T). Taking VIRACEPT in combination with other antiretroviral drugs reduces the amount of HIV in the body (viral load) and raises CD4 counts.

/IRACEPT may be taken by adults, adolescents, and children 2 years of age or older. Studies in infants younger than 2 years of age are now taking place

DOES VIRACEPT CURE HIV OR AIDS?

/IBACEPT is not a cure for HIV infection or AIDS. People taking VIRACEPT may still develop opportunistic infections or other conditions associated with HIV nfection. Some of these conditions are pneumonia, herpes virus infections, Mycobacterium avium complex (MAC) infections, and Kaposi's sarcoma.

There is no proof that VIRACEPT can reduce the risk of transmitting HIV to others through sexual contact or blood contamination.

WHO SHOULD OR SHOULD NOT TAKE VIRACEPT?

Together with your doctor, you need to decide whether VIRACEPT is appropriate for you. In making your decision, the following should be considered

Allergies: If you have had a serious allergic reaction to VIRACEPT, you must not take VIRACEPT. You should also inform your doctor, nurse, or pharmacist of any known allergies to substances such as other medicines, foods, preservatives, or dves.

If you are pregnant: The effects of VIRACEPT on pregnant women or their unborn babies are not known. If you are pregnant or plan to become pregnant, you should tell your doctor before taking VIRACEPT.

If you are breast-feeding: You should discuss with your doctor the best way to feed your baby. You should be aware that if your baby does not already have HIV, there is a chance that it can be transmitted through breast-feeding. Women should not breast-feed if they have HIV.

Children: VIRACEPT is available for the treatment of children 2 through 13 years of age with HIV. There is a powder form of VIRACEPT that can be mixed with milk, baby formula, or foods like pudding. Instructions on how to take VIRACEPT powder can be found in a later section that discusses how VIRACEPT Oral Powder should be prepared.

If you have liver disease: VIRACEPT has not been studied in people with liver disease. If you have liver disease, you should tell your doctor before taking VIRACEPT.

Other medical problems: Certain medical problems may affect the use of VIRACEPT. Some people taking protease inhibitors have developed new or more serious diabetes or high blood sugar. Some people with hemophilia have had increased bleeding. It is not known whether the protease inhibitors caused these problems. Be sure to tell your doctor if you have hemophilia types A and B, diabetes mellitus, or an increase in thirst and/or frequent urination

Changes in body fat have been seen in some patients taking protease inhibitors. These changes may include increased amount of fat in the upper back and neck ("buffalo hump"), breast, and around the trunk. Loss of fat from the face, legs and arms may also happen. The cause and long-term health effects of these conditions are not known at this time.

CAN VIRACEPT BE TAKEN WITH OTHER MEDICATIONS?

VIRACEPT may interact with other drugs, including those you take without a prescription. You must discuss with your doctor any drugs that you are taking or are planning to take before you take VIRACEPT.

Medicines you should not take with VIRACEPT:

Propulsid® (cisapride, for heartburn)

Cordarone® (amiodarone, for irregular heartbeat)

Quinidine (for irregular heartbeat), also known as Quinaglute®, Cardioquin®, Quinidex®, and others

Ergot derivatives (Cafergot® and others, for migraine headache) Halcion® (triazolam)

Mevacor® (lovastatin, for cholesterol lowering)

Zocor® (simvastatin, for cholesterol lowering)

Taking the above drugs with VIRACEPT may cause serious and/or life-threatening

Rifampin® (for tuberculosis), also known as Rimactane®, Rifadin®, Rifater®,

This drug reduces blood levels of VIRACEPT.

Dose reduction required if you take VIRACEPT with: $Mycobutin^{\textcircled{\tiny \$}}$ (rifabutin, for MAC); you will need to take a lower dose of Mycobutin.

A change of therapy should be considered if you are taking VIRACEPT with: Phenobarbital

Phenytoin (Dilantin® and others)

Carbamazepine (Tegretol® and others)

These agents may reduce the amount of VIRACEPT in your blood and make it

Oral contraceptives ("the pill")

If you are taking the pill to prevent pregnancy, you should use a different type of contraception since VIRACEPT may reduce the effectiveness of oral contraceptives.

Special considerations

Before you take Viagra® (sildenafil) with VIRACEPT, talk to your doctor about possible drug interactions and side effects. If you take Viagra and VIRACEPT together, you may be at increased risk of side effects of Viagra such as low blood pressure, visual changes, and penile erection lasting more than 4 hours. If an erection lasts longer than 4 hours, you should seek immediate medical assistance to avoid permanent damage to your penis. Your doctor can explain these symptoms to you.

t is not recommended to take VIRACEPT with the cholesterol-lowering drugs Mevacor® (lovastatin) or Zocor® (simvastatin) because of possible drug interactions. There is also an increased risk of drug interactions between VIRACEPT and Lipitor® (atorvastatin) and Baycol® (cerivastatin); talk to your doctor before you take either of these cholesterol reducing drugs with VIRACEPT.

Taking St. John's wort (hypericum perforatum), an herbal product sold as a dietary supplement, or products containing St. John's wort with VIRACEPT is not recommended. Talk with your doctor if you are taking or are planning to take St. John's wort. Taking St. John's wort may decrease VIRACEPT levels and lead to increased viral load and possible resistance to VIRACEPT or cross resistance to other antiretroviral drugs.

HOW SHOULD VIRACEPT BE TAKEN WITH OTHER ANTI-HIV DRUGS?

Taking VIRACEPT together with other anti-HIV drugs increases their ability to fight the virus. It also reduces the opportunity for resistant viruses to grow. Based on your history of taking other anti-HIV medicine, your doctor will direct you on how to take VIRACEPT and other anti-HIV medicines. These drugs should be taken in a certain order or at specific times. This will depend on how many times a day each medicine should be taken. It will also depend on whether it should be taken with or without food.

Nucleoside analogues: No drug interaction problems were seen when VIRACEPT was given with:

Retrovir (zidovudine, AZT)

Epivir (lamivudine, 3TC)

Zerit (stavudine, d4T)

Videx® (didanosine, ddl)

If you are taking both Videx (ddl) and VIRACEPT: Videx should be taken without food, on an empty stomach. Therefore, you should take VIRACEPT with food one hour after or more than two hours before you take Videx.

Nonnucleoside reverse transcriptase inhibitors (NNRTIs):

When VIRACEPT is taken together with:

Viramune® (nevirapine)

The amount of VIRACEPT in your blood is unchanged. A dose adjustment is not needed when VIRACEPT is used with Viramune

Sustiva[™] (efavirenz)

The amount of VIRACEPT in your blood may be increased. A dose adjustment is not needed when VIRACEPT is used with Sustiva.

Other NNRTIs

VIRACEPT has not been studied with other NNRTIs.

Other protease inhibitors:

When VIRACEPT is taken together with:

Crixivan® (indinavir)

The amount of both drugs in your blood may be increased. Currently, there are no safety and efficacy data available from the use of this combination

Norvir[™] (ritonavir)

The amount of VIRACEPT in your blood may be increased. Currently, there are no safety and efficacy data available from the use of this combination.

Invirase® (saquinavir)

The amount of saquinavir in your blood may be increased. Currently, there are no safety and efficacy data available from the use of this combination

WHAT ARE THE SIDE EFFECTS OF VIRACEPT?

Like all medicines, VIRACEPT can cause side effects. Most of the side effects experienced with VIRACEPT have been mild to moderate. Diarrhea is the most common side effect in people taking VIRACEPT, and most adult patients had at least mild diarrhea at some point during treatment. In clinical studies, about 15-20% of patients receiving VIRACEPT 750 mg (three tablets) three times daily or 1250 mg (five tablets) two times daily had four or more loose stools a day. In most cases, diarrhea can be controlled using antidiarrheal medicines, such as Imodium® A-D (loperamide) and others, which are available without a prescription.

Other side effects that occurred in 2% or more of patients receiving VIRACEPT

There were other side effects noted in clinical studies that occurred in less than 2% of patients receiving VIRACEPT. However, these side effects may have been due to other drugs that patients were taking or to the illness itself. Except for

diarrhea, there were not many differences in side effects in patients who took VIRACEPT along with other drugs compared with those who took only the other drugs. For a complete list of side effects, ask your doctor, nurse, or pharmacist.

HOW SHOULD I TAKE VIRACEPT?

VIRACEPT is available only with your doctor's prescription. Your doctor may prescribe the light blue VIRACEPT Tablets either as 1250 mg (five tablets) taken two times a day or as 750 mg (three tablets) taken three times a day. VIRACEPT should always be taken with a meal or a light snack. VIRACEPT tablets are film-coated to help make the tablets easier to swallow.

Take VIRACEPT exactly as directed by your doctor. Do not increase or decrease any dose or the number of doses per day. Also, take this medicine for the exact period of time that your doctor has instructed. Do not stop taking VIRACEPT without first consulting with your doctor, even if you are feeling better.

Only take medicine that has been prescribed specifically for you. Do not give VIRACEPT to others or take medicine prescribed for someone else

The dosing of VIRACEPT may be different for you than for other patients. Follow the directions from your doctor, exactly as written on the label. The amount of VIRACEPT in the blood should remain somewhat consistent over time. Missing doses will cause the concentration of VIRACEPT to decrease; therefore, you should not miss any doses. However, if you miss a dose, you should take the dose as soon as possible and then take your next scheduled dose and future doses as originally scheduled.

Dosing in adults (including children 14 years of age and older)

The recommended adult dose of VIRACEPT is 1250 mg (five tablets) taken two times a day or 750 mg (three tablets) taken three times a day. Each dose should be taken with a meal or light snack.

Dosing in children 2 to 13 years of age

The VIRACEPT dose in children depends on their weight. The recommended dose is 20 to 30 mg/kg (or 9 to 14 mg/pound) per dose, taken three times daily with a meal or light snack. This can be administered either in tablet form or, in children unable to take tablets, as VIRACEPT Oral Powder.

Dose instructions will be provided by the child's doctor. The dose will be given bose institutions will be provided by the child's deciding south. The dose will be given three times daily using the measuring scoop provided, a measuring teaspoon, or one or more tablets depending on the weight and age of the child. The amount of oral powder or tablets to be given to a child is described in the chart below.

Body Weight		Number of	Number of	Number of
Kg	Lb	Level Scoops*	Level Teaspoons†	Tablets
7 to <8.5	15.5 to <18.5	4	1	_
8.5 to <10.5	18.5 to <23	5	1 1/4	_
10.5 to <12	23 to <26.5	6	1 1/2	_ (6)
12 to <14	26.5 to <31	7	1 3/4	_
14 to <16	31 to <35	8	2	. —
16 to <18	35 to <39.5	9	2 1/4	_
18 to <23	39.5 to <50.5	10	2 1/2	2
≥23	≥50.5	15	3 3/4	3

In measuring oral powder, the scoop or teaspoon should be level.

* 1 level scoop contains 50 mg of VIRACEPT. Use only the scoop provided with your VIRACEPT bottle.

† 1 level teaspoon contains 200 mg of VIRACEPT. Note: A measuring teaspoon used for dispensing medication should be used for measuring VIRACEPT Oral Powder, Ask your pharmacist to make sure you have a medication dispensing

How should VIRACEPT Oral Powder be prepared?

The oral powder may be mixed with a small amount of water, milk, formula, soy formula, soy milk, dietary supplements, or dairy foods such as pudding or ice cream. Once mixed, the entire amount must be taken to obtain the full dose.

Do not mix the powder with any acidic food or juice, such as orange or grapefruit juice, apple juice, or apple sauce, because this may create a bitter t

Once the powder is mixed, it may be stored at room temperature or refrigerated for up to 6 hours. Do not heat the mixed dose once it has been prepared

Do not add water to bottles of oral powder

VIRACEPT powder is supplied with a scoop for measuring. For help in determining the exact dose of powder for your child, please ask your doctor, nurse, or pharmacist.

VIRACEPT Oral Powder contains aspartame, a low-calorie sweetener, and therefore should not be taken by children with phenylketonuria (PKU).

HOW SHOULD VIRACEPT BE STORED?

Keep VIRACEPT and all other medicines out of the reach of children. Keep bottle closed and store at room temperature (between 59°F and 86°F) away from sources of moisture such as a sink or other damp place. Heat and moisture may reduce the effectiveness of VIRACEPT.

Do not keep medicine that is out of date or that you no longer need. Be sure that if you throw any medicine away, it is out of the reach of children.

Discuss all guestions about your health with your doctor. If you have questions about VIRACEPT or any other medication you are taking, ask your doctor, nurse, or pharmacist. You can also call 1.888.VIRACEPT (1.888.847.2237) toll free.

Call 1.888.VIRACEPT

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O5DOMES THE LEWIS FROM THE CAPITOL NEWS FRO

An Introduction To Lambda Letters

BY BOYCE HINMAN MGW GUEST WRITER

any of you are new to Lambda Letter's E-mail alert system and don't know much about the Lambda Letters Project. Others of you may have been on our e-mail alert system for a long time, but don't know much about our history or the other services we provide. So I thought it was time to give you some background on Lambda Letters.

Lambda Letters was founded in 1988 as a response to a disappointment with the March on Washington in 1987. I and my partner Larry attended the march and thought Congress would surely be impressed by the huge throng of our brothers and sisters who attended that event. However, a few days later, the US Senate approved legislation of Jesse Helms that put content restrictions on federally funded AIDS informational materials. Those restrictions made the materials essentially useless in appealing to the gay community.

So Larry and I came home determined to create an organization that would help people express their views directly to the elected officials who represent them. We thought letters from the voters would be a potent way of persuading legislators to do the right thing. The Lambda Letters Project was launched as a committee of the River City Democratic Club in

The following April Lambda Letters became an independent, non partisan, lobbying organization. We officially incorporated in 1993 as a 501(c) (4) non profit.

From the very beginning our sole purpose has been to help people write letters, make phone calls, and send e-mail messages to their legislators on civil rights and health issues. At first



we worked on LGB, HIV/AIDS, and women's issues. In 1993 we added issues of concern to people of color.

In 1996 we added the "T" to LGB issues when we began lobbying for the addition of transgender people to California's Hate Crimes Statistics Act. Senator Diane Watson actually agreed to introduce the bill but changed her mind when welfare reform became a big issue. Many of the people in her district were on welfare and she felt she needed to concentrate on that issue.

Senator Sheila Kuehl later introduced the bill we had been seeking and it was passed and signed by the Governor. In 1998 Lambda Letters began a process that eventually led to the introduction of two state bills to ban discrimination against transgender people. Those bills have not yet been

In its first year of operation, Lambda Letters had a handful of members. All of them were in Sacramento and they sent a little over 900 letters to their legislators. Now Lambda Letters has members in forty-four of California's fifty-eight counties and we deliver well over 100,000 letters and e-

mail messages to legislators each year. Thus we grew from a local organization to a statewide operation.

Each month Lambda Letters publishes a monthly newsletter. It contains an article on a piece of legislation in each of our four subject areas: HIV/AIDS issues, LGBT issues, issues of concern to people of color, and women's issues. The articles contain information that people can use to compose letters to their legislators on those four bills. However, we also enclose sample letters on each of the bills. The letters are personalized. They show our member's name and address at the top and they are addressed to our member's particular legislator. People, if they wish, can just sign and send the sample letters.

The newsletter also contains articles of general interest to the community. Each issue also contains a listing of the over seventy bills that Lambda

Letters is tracking. The list explains the purpose of each bill, tells where the bill is in the legislative process, and indicates Lambda Letters' position on

Lambda Letters also maintains a useful and informative web page. You can view the page by directing your browser to lambdaletters.org. We keep a copy of the list of bills we track on the web page and the list is updated twice a month. Visitors to the site can also find out what legislators represent them or where to go to submit a discrimination complaint. The web page also features editorials and articles of current interest to the commu-

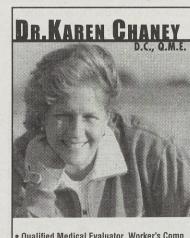
For almost its entire existence, Lambda Letters work has been done entirely by volunteers. We now have a paid private contractor who handles our mailing operations. However all the other work of the Project is still done by volunteers. That helps us keep our expenses to a minimum.

So Lambda Letters helps people write to their legislators. We do relatively little direct lobbying. Direct lobbying is absolutely essential to the community. But we feel letters from the voters are just as important. The letters provide indispensable support to the message being brought to legislators by our community's lobbyists. Thus Lambda Letters and direct lobbying organizations can provide a potent one-two punch in support of the issues we care about.

In our early years we worked closely with LIFE Lobby. They employed lobbyists who visited legislators and we provided backup on the message they were delivering to those legislators. We were dismayed when LIFE Lobby closed its doors. However, we were delighted when California Alliance For Pride And Equality was formed in 1998. We were eager to collaborate with them on the issues of great importance to the community

We are always happy to hear from people who would like to join our Board or to volunteer in other ways. Would you like to contribute to Lambda Letters? Contributions are always welcome. ▼

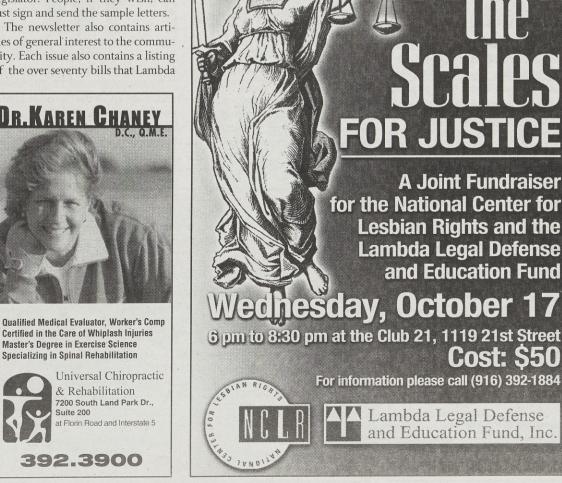
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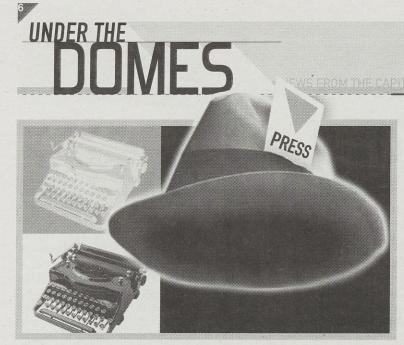


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Journalists Set To Converge On Dallas

 ${\sf DALLAS, TX-The\ National\ Lesbian\ and\ Gay\ Journalists\ Association's\ (NLGJA)}$ eleventh annual convention will be held September 6-9 at the Fairmont Hotel (1717 North Akard Street). Over 400 journalists, including Dallas Morning News Executive Editor Gilbert Bailon, Newsweek Editor Mark Whitaker, Telemundo's "Noticiero" Co-anchor Maria Elvira Salazar, and New York Times Magazine Editor Adam Moss, are expected to attend

Discussion panels will include "Gays, God, and the Workplace," analysis of news coverage, newsroom clashes, and the social climate surrounding bias related violence in Texas. This convention's theme is "Deep in the Heart: The Inside Track on Community Coverage." Speakers will include NBC producer Cecilia Alvear, ABC News Nightline executive producer Tom Bettag, The Advocate correspondent Chris Bull, Radio and Television News Directors Foundation project director Paul Irvin, and Robert C. Maynard Institute for Journalism Education president **Dori Maynard**. ▼ Info. 202−588−9888, nlgja.org

HeartStrong Author Releases Children's Book

SEATTLE, WA - HeartStrong cofounder Marc Adams followed his debut publication The Preacher's Son with Spot, a children's book focusing on discrimination. It tells the story of Spot, a canine resident of Barksville. As Spot matures, he loses his marks and becomes the target of discrimina-

The idea for the book originated during Adams' national tour with HeartStrong co-founder Todd Tuttle. They would often speak at churches with children, so Adams created the story and drew pictures to accompany it. When parents began asking for

copies, Adams published Spot through Window Books.

HeartStrong is a non-profit organization that performs outreach to LGBT students at religious schools. Adams and Tuttle met as students at Jerry Falwell's Liberty University. Adams is also the son of a Baptist min-

> Info. windowbooks.com, heartstrong.org

Dilulio To **Resign From Head Faith-Based Office**

WASHINGTON D.C - John Dilulio announced that he will be stepping down as head of the White House Office of Faith-Based and Community Initiatives, the controversial agency George W. Bush created to direct public funding to religion.

Dilulio claimed he was overwhelmed by constant criticism of the program and his office. He blasted "nonsense" he felt dominated Washington politics. Dilulio, who is a Democrat, was also increasingly excluded by right wing conservatives in the Bush administration that wanted to make the Initiative more favorable to conservative religious

M Info. 202-466-2334, au.org

Trial For Egyptian Men Begins

CAIRO, EGYPT—The trial for fifty two men accused of homosexuality began August 15. The men have been detained since May 11 after being arrested at a nightclub. Most were prevented from seeing family members, lawyers, and reported being beaten by guards. They are charged with "obscene behavior" and "contempt of religion."

International human rights groups and members of the House of Representatives have pressured the government to release the men and arrange a fair trial, but officials have ignored requests. V

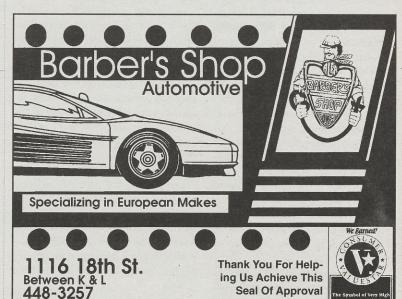
Alaska Urged To Amend Hate Crimes Law

JUNEAU, AL — David Blare, 35, also known as Steve Perry, was found dead by the Ketchikan Police Department on July 26. Terry L. Simpson Jr., 19, and Joshua A. Anderson, 20, have been arrested and charged with second-degree murder, manslaughter, first-degree robbery and second-degree theft. They are being held on \$50,000 bail. Blare, who was openly gay, may have been targeted due to his sexual orientation.

Human Rights Campaign urged the Alaska Governor's Commission on Tolerance to support amending the state's hate crimes law to include sexual orientation. Governor Tony Knowles introduced a hate crime measure in 2000 that includes sexual orientation, but the legislature has not considered it.

Since 1991, the state has reported its annual hate crime statistics to the Federal Bureau of Investigation only three times. In other years, only one of forty-three possible agencies participated. ▼

Info. hrc.org







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The Monarchs have clinched home court advantage for the first time in franchise history

• This is the Monarchs' third straight appearance in the WN-BA playoffs

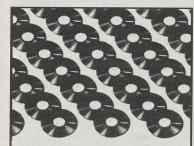
• The Monarchs highest attendance home game of the 2001 season was on August 11 vs. Seattle with 13,873 fans

• The Monarchs are scheduled to play the first 2001 playoff game in Utah this Friday, August 17

• The Monarchs will play game two at ARCO Arena against Utah on Sunday, August 19. If necessary, a game three (on Tuesday, August 21) would also be played at ARCO.

PLAYER POINTS OF INTEREST

• The Monarchs had three starting players on the 2001 All-Star ballot: Yolanda Griffith, Ticha Penicheiro, and Ruthie Bolton-Holifeld



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 Yolanda Griffith currently ranks in six of nine statistical league leader categories

 Leading scorer Yolanda Griffith did not play in the 1999 playoffs due to a partially torn medial meniscus, right knee

• Edna Campbell will enter her first playoff experience, and she finished her first regular season with the Monarchs

• Kedra Holland-Corn has not missed a single game since her 1999 season debut for the Monarchs

• Kara Wolters was a member of the 1999 Houston Comets championship team

• Ruthie Bolton-Holifield is the only original Monarch from the inaugural year of 1997

· Ruthie Bolton-Holifield, Kara Wolters, and Yolanda Griffith were a part of the 2000 U.S. Olympic gold medal team

· Yolanda Griffith had a cameo appearance in last year's hit movie Love And Basketball.

• Tica Penicheiro and Edna Campbell both were members of the 1999 Championship team in

• Ruthie Bolton-Holifield is one of twenty children, and her entire family sang the National Anthem at a home game this season

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· Ruthie Bolton-Holifield has her own clothing line called RUWEAR

· Candice Griffith is Yolanda's thirteen-year-old who attends and travels to all Monarchs games

Monarchs guard Kedra Holland-Corn finishes off a fastbreak with a perfect lay-up against Los Angeles issing Monarchs -here Are They Now?

BY PAT SOJOURNER

MAKE

You've earned your stripes as a true Monarchs fan if you remember these players (* indicates original team member):

Pamela McGee (1997)* - Traded to Sparks for Linda Burgess. No longer playing (NLP).

Bridgette Gordon (1997)* - NLP

Chantel Tremitiere (1997)* - Traded to Utah for Lady Harmon Selected by Indiana in 1999 Expansion Draft. NLP.

Bridgette Gordon (1997)* - NLP

Danielle Viglione (1997)* - NLP

Corissa Yasen (1997)* - Died in 2001.

Adia Barnes (1998) - Assigned to Minnesota in Expansion Draft. Traded to Arizona

Franthea Price (1998) - NLP

Tiffani Johnson (1998) - NLP

Linda Burgess (1998) - NLP

Players designated as NLP may be playing in the popular and better-paying European Leagues with current WNBA players during the off-season.

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Mintzer Celebrates 75 Years!

Falcon Lee and John Mintzer recently celebrated Mintzer's seventy-fifth birthday with friends and family. Lee hosted the birthday bash at Towe Auto Museum in Old Sacramento.

Bay Window "Home Front" Premieres On KQED

SAN FRANCISCO, CA - Bay Window "Home Front" will premiere Friday, September 7 at 10pm on KQED. It will repeat Sunday, September 9 at 6pm. The program will explore issues brought on by prosperity and the perils affecting cultural diversity of the Bay Area. It will focus on two areas — the Mission District, a predominately Latino working-class community affected by internet commerce, and Richmond, an industrial city north of Berkeley with significant African American, Latino, and Southeast-Asian communities. ▼

≥ Info. 415-553-3320, kqed.org/baywindow

CUC To Host Discussion With Media

SACRAMENTO, CA - Capital Unity Council will host a symposium featuring Sacramento Bee editor Rick Rodriguez, Sacramento Observer owner Dr. William Lee, Clear Channel Communications vice president Jerry Del Core, Japanese American Citizens League president Andy Noguchi, and attorneys Terry Francke and David Greene on Monday, September 24 at 6pm at the Secretary of State Auditorium (1500 11th Street).

The discussion will provide an opportunity for media to discuss internal policies, address community concerns, and define media's responsibility to communities represented and served. The event will begin with footage from a program to be aired on KVIE Channel 6 titled Local News. It will conclude with a question and answer session with attendees. V

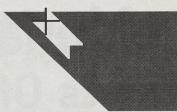
™ Info. 930–0328, cunityc@pacbell.net

Relationship Weekend Offered To Couples

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SACRAMENTO, CA - Jeanne Barnett, Sue Charles, and Ellie Charlton will hold a Partners Enrichment Weekend for Same-Sex Couples from October 5-7 in the Sierra Foothills. Professionally facilitated workshops will provide participants with tools needed to enhance and enrich relationships, strengthen communication skills, and improve conflict resolution skills. Meals and lodging will be provided. All GLBT couples are welcome. ▼

Info. 484-4155, 989-2522. elcjeanne@aol.com





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Shawna Mitchel

SACRAMENTO IN HOME SUPPORT

I think I would use the money to expand the Lambda Community Center. We need other activities besides clubs to hang





Michelle Dong

SAN FRANCISCO STUDENT

I would donate to different Bay Area LGBT youth charities. I would create scholarships for students that are truly





Jody Page

CITRUS HEIGHTS STUDENT

I would open more underage dance clubs for women. There isn't enough for women under twenty-one to do in



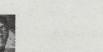


Chris Hayes

SACRAMENTO TRAVEL AGENT

I would donate \$1 million to the Lambda Center, another million for a GLBT youth club with free trips, and a million for HIV research for young adults.

80 • A & O • A



Jason Gonzales

SACRAMENTO CABINET MAKER

I would probably donate most of the money to help HIV-positive kids and help get homeless LGBT people off the



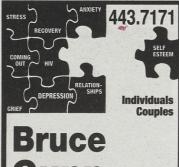


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Bojangles Comes Capital City Squares Announces New Classes By Karen Schmidt Midd City Squares By Karen Schmidt Midd City Squares Announces New Classes



SACRAMENTO, CA - Nearly 200 young people crowded into the city's newest club for the underage crowd, Club 21 (1119 21st Street). The nightclub will host a Bojangles Night every Wednesday from 9pm to 2am. Besides dancing to live music, guests can play pool, darts, and enjoy meals from Xochimilco, an onsite Mexican restaurant. Info. 441-4776

SACRAMENTO, CA — Capital City Squares, a local LGBT square dance club, recently announced that it would start its new beginners' class on Tuesday, September 4.

Although at first the idea seems truly bizarre, square dancing is an activity that has become international in scope within the LGBT community. It began in Miami in 1977 as a novelty fundraiser for a country-western bar, but the participants had such a good time that they formed a club and danced weekly

The idea quickly spread to the West Coast and around the country. Now there are clubs in Canada, Japan, Australia, and Denmark, and they all get together annually for an internation-

Square dancing has become very sophisticated and quite lively. It is far different from the image most people remember from school. Each dancer chooses whether to learn the "boy"

Capital

AROUND THE VALLEY . HAPPENINGS AROUND THE VALLEY . HAPPENINGS AROUND THE VALLEY . HAPPE

part or the "girl" part. The "sex changes" and the various combinations of boys and girls (real or not!) adds to the hilarity of square dancing. It's great exercise and a fun social experience in a chemical free environment. No partners or special clothing are required.

The Tuesday night classes are at 6:30pm at Jefferson Elementary School in the Natomas area. M Info. 929-8697

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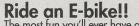
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Hamburger

BY RANDY HARTLEY
FOOD & WINE EDITOR

don't think there is any food more American than the hamburger. With a McDonald's just outside Red Square in Moscow hamburgers have become the great American export. We eat them everywhere, but mostly on the run. It's hard to go more than half a mile in the United States without finding a drive up window ready to sell you a ready made burger. I think this is the reason we have lost our appreciation for this great sandwich.

The origin of the hamburger is clouded in history and controversy. In Medieval times the Tartars, a band of warriors from the plains of Central Asia would place pieces

of beef under their saddles while they rode. This would tenderize the meat that would then be eaten raw. This is the legend of the origin of the modern dish, Beef Tartare.

In the nineteenth century, German immigrants brought a dish called Hamburg Style Beef to the United States. The dish traveled from Russia to the seaport city of Hamburg, Germany, where it was named. It consisted of raw, chopped beef and is believed to be the primitive ancestor of the modern hamburger.

Several people who claim to be descendents of the hamburger's inventor dispute what happened next. The popular story is that the first hamburger was served at the 1904 St. Louis World Fair. This sandwich was made with a cooked patty of ground beef on a hard roll. Of course there are earlier references but this might very well be the first time a cooked patty hit the bun.

Mass distribution of the fast food hamburger started with White Castle in 1921. White Castle was such an immediate success that dozens of imitators jumped up

Sunday Champagne Brunch Limitless Champagne & Delectable Foods and quickly failed.
This tiny hamburger originally sold for five cents.

In 1934 the Wimpy Burger appeared. Named for Popeye's hamburger eating character, this burger went for the upscale market at ten cents a burger. In keeping with the founder's wishes, all 1,500 restaurants were closed down when he died in 1978.

The 1930's also saw the advent of

the drivein. Driveins changed
the landscape of
burgers forever by
uickly failed.

allowing diners to remain in their cars and therefore creating the concept of drive up service that remains the mainstay of the fast food industry.

By the late 1930's, Bob Wain of Bob's Big Boy, introduced the first double patty burger. Variety in hamburgers was beginning and like White Castle, Big Boy found a lot of imitators. But it wasn't until 1948 when the first McDonald's opened that the modern fast food WHERE TO GO ?

I have spent a great deal of time searching for good hamburgers in the Sacramento area. I highly recommend the following eateries:

Squeeze Inn 7918 Fruitridge Road

Nation Wide Freezer Meats 1930 H Street **The Waterboy** 2000 Capitol Avenue

The Limelight Café 1014 Alhambra Blvd

Metro City Café 3348 S Street

hamburger was sent to revolutionize the way we eat. This first McDonald's didn't sell hamburgers though; it was a hot dog stand. Ray Kroc, who would create the McDonald's empire, joined the team in 1954. By then hamburgers had replaced the hot dog. The Big Mac was introduced in 1968.

If you doubt the importance of the hamburger on American culture then consider this: Americans eat an average of three hamburgers a week. McDonalds alone has sold twelve hamburgers for every person in the world. Nearly 7% of the United States workforce had their first job at McDonald's. Hamburgers account for nearly 60% of all the sandwiches eaten.

Next time you pick up a hamburger, remember it's not just a sandwich, it's an economy. And don't forget the fries. French fries consume 7.5% of the United States potatoes. ▼



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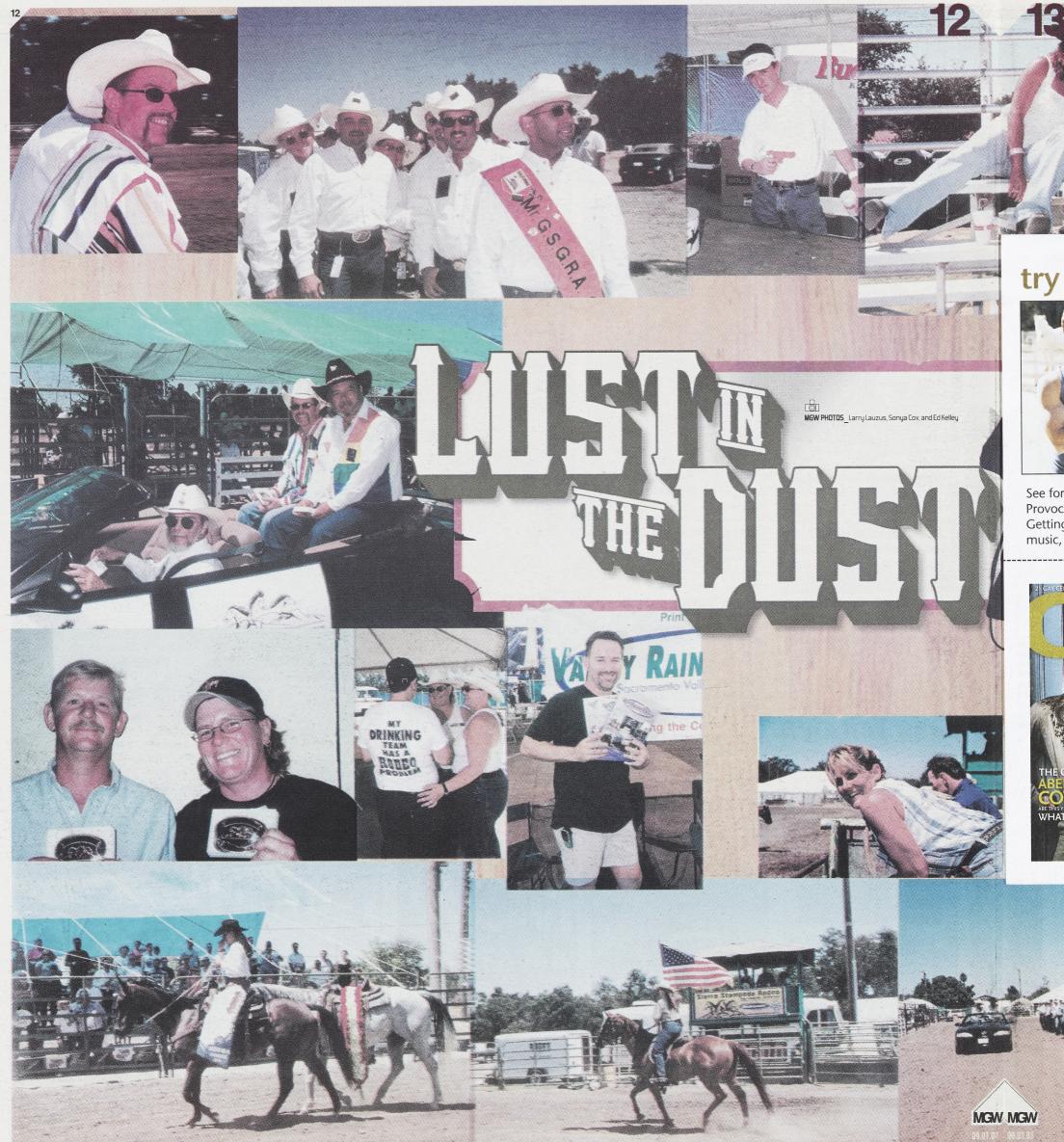


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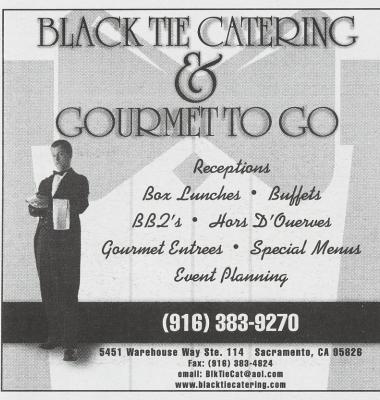


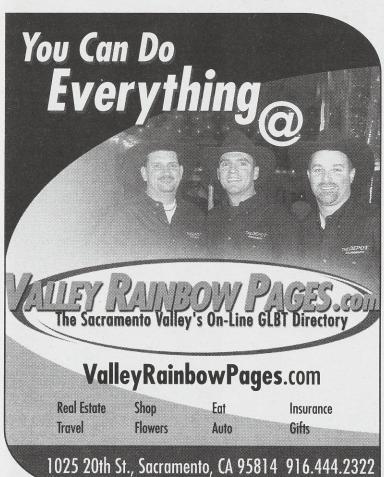
















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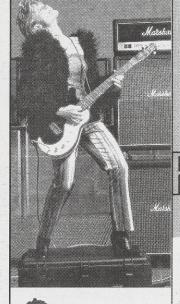
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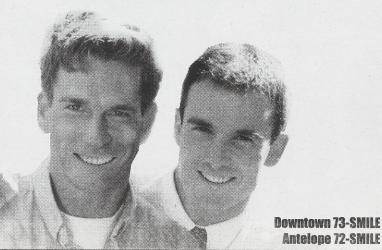
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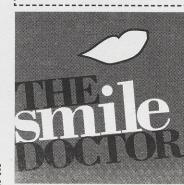
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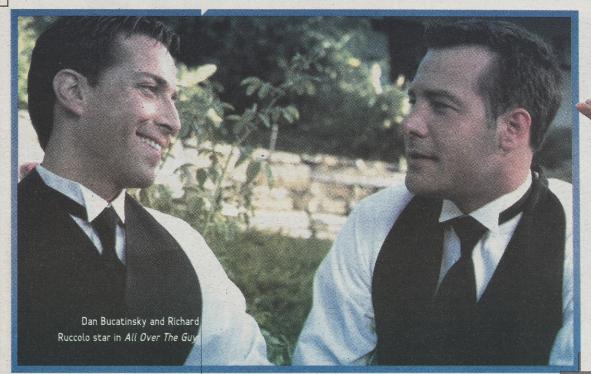
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The Opposite Of Romance

By Stefan Gruenwedel MGW Staff

sagayromance really just the same as a straight one with one of the sexes switched?

That's what **Dan Bucatinsky** set out to prove when he turned his hit stage play, *I Know You Are, But What Am I?* - about a relationshipseeking man and a commitment-phobic woman - into a screenplay by making the woman a man.

Would the same relationship issues work with a same-sex couple?

The answer turns out to be a qualified yes. Perhaps it's only obvious to me, but a relationship is a relationship, and if you strip out its surroundings (coming-out issues, AIDS, stereotypical characterizations, and the like) you just have a story about two people trying to figure out if they get along and want to make a go of it.

All Over the Guy is a romantic comedy about Eli (Bucatinsky), a neurotic, barbed-tongued queen, and Tom (**Richard Ruccolo**), an alcoholic butch whose straight friends set them up on a blind date. It's a disaster, full of uncomfortable pauses and meaningless small talk, followed by a flat-out argument over the merits of certain films.

The first half-hour of the film is the best. The dialog is at its funniest, the characters are at their freshest, and the pacing is lively. As the story All Over THe Guy



All Over the Guy. Starring Dan Bucatinsky, Richard Ruccolo, Adam Goldberg, and Sasha Alexander. Written by Dan Bucatinsky. Directed by Julie Davis. (R, 100 min.)

wears on, however, you may find yourself tiring rapidly of the guys' interaction. It probably played better on stage.

Although All Over the Guy is not particularly stagy, there are too many lectures and annoying periods of non-communication followed by rants that come out of left field. Eli and Tom's relationship is so dysfunctional, it doesn't seem worth rooting for. Naturally, both of them have decent bodies and live alone in large apartments, despite their ostensibly low-wage jobs (as teacher and newspaper editor). But Tom is a loser and Eli is a whiner and control freak who winces whenever people utter clichés like "do the math" or pronounce "etcetera" like "ekcetera." After a while, you just want the two of them to go their separate ways and live their miserable little lives apart. Unfortunately, the film doesn't do enough to balance Eli and Tom's unstable relationship with the more stable one of their straight friends, Brett (Adam Goldberg) and Jackie (Sasha Alexander). Their chance encounter in a furniture store - she as customer, he as an employee who's critical of the merchandise sets the whole story in motion. They

Private Private

never seem to have any issues, except a brief spat that's quickly extinguished by lovemaking.

Indeed, considering the film's tag line, "Four friends, two couples: twice as much to lie about in the morning," it's odd that there isn't more interplay between the two couples. Instead, the straights are pretty much stuck in the background. Only on their wedding day are the other two - Eli as Brett's Best Man and Tom as Jackie's Man of Honor - forced to confront each other and finally come to a (too perfect) truce.

Although there are some great laughs here and there, *All Over the Guy* suffers from too much serious banter. There's also the all-too-common fun-looking montage sequence set to happy music that advances their relationship. That's a tired device that romantic comedies can't seem to shake.

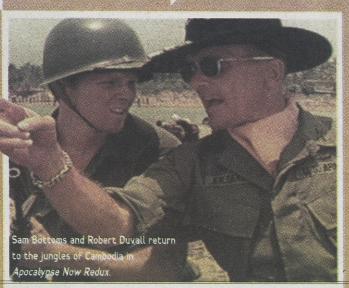
The film is definitely at its best when the story is strictly played for laughs. The cameos by **Christina Ricci** and **Lisa Kudrow** are quite delightful, although short-lived, and Eli's overbearing psychologist parents are a hoot too, especially when critiquing the film *In & Out*.

When Eli and Tom finally seem to come at last together, do we really want them to? That's not exactly the sign of a successful romantic comedy.

All Over the Guy opens September 7 at The Crest Theatre.

> Info. allovertheguythemovie.com.

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The Horror Strikes Back

BY STEFAN GRUENWEDEL MGW STAFF

Apocalypse Now Redux. Starring Marlon Brando, Robert Duvall, Martin Sheen, Laurence Fishburne, and Dennis Hopper. Directed by Francis Ford Coppola. (R. 200 min.)

It's been more than twenty years and not quite a quarter—century, so it seems like an odd time to redistribute this "groundbreaking masterpiece" exactly twenty-two years ago after it was first released in 1979.

But here it is. *Apocalypse Now Redux* looks great and sounds spectacular. Now it's just a lot longer, clocking in at nearly three and a half-hours. **Francis Ford Coppola** has added nearly an hour to his already long Vietnam War drama about **Martin Sheen**'s strange trip through Cambodia to find and kill power-crazed renegade **Marlon Brando**. This edition includes the much-discussed "French plantation" sequence that was dropped from the original, as well as an expanded Playboy Playmates sequence, more detail involving Sheen and his crewmates on their voyage, and several new Brando scenes (which improve upon his lame five minutes' exposure in the previous version).

Although still a compelling view of how war deprayes the soul, this redux looks like the same mesmerizing, meandering mess it was two decades ago, only less confusing.

Whether or not you've seen it before, you probably owe it to yourself to see what all the fuss is (and has been) about. It's weird and it's disturbing, but it's also fun to see the stars like Harrison Ford looking so young again.

Apocalypse Now Redux opens August 31 at The Crest Theatre. ▼
■ Info. miramax.com/apocalypsenow



Livingston To Rock At Rainbow Festival

Guitarist and singer **Gina Livingston** will perform on Sunday, September 2 at 11:30pm at the Rainbow Festival and Friday, September 14 at 9pm at Luna's Café (1414 16th Street). She will offer a third performance in Altadena on October 20 at The Coffee Gallery (2029 North Lake) at 9pm.

≥ Info. 590–5777, ginalivingston.com

FILM + STAGE

Matchmaker.

BY ROSE DINELLI MGW STAFF

hree long skirts and aprons took the stage, with mops as their microphones, singing the sadness that longed inside of them. For the three young women in Fiddler On the Roof wanted to search for a new life, breaking free from the quilted pattern they were forced to follow.

"Tradition isn't such a bad thing," said the girls' father, Tevye, played by Lenny Wolpe. Wolpe's character insisted on the Jewish Tradition as being the only way to live life. In his world, he was the matchmaker, the man who would search for the perfect husbands for all three of his ready-to-marry girls.

The stage was naked and not impressive; however, the stage did not need any help, because the acting put you right there in Czarists Russia during the turn of the twentieth century. The dancing and singing showed tremendously strong vocal cords, but the emotion through the dialogue was felt through every word.

Wolpe wrapped his entire character into his body. His movements were relaxed, his vocal cords were firm, and his charm was felt in every line he said.

MGW

Lenny Wolpe and Brooks ALmy star in the Music Circus' production of Fiddler On The Roof.

His saddens was felt, when all three of his daughters left the tradition that made up his bones. His humor was delightful, as he would shake his fist at his controlling, no no-non-sense wife Golde, played by Brooks Almy.

Even though he choose to love his daughters regardless of breaking the matchmaker marrying tradition, he felt as if his core of existence was crumbling. Religion was his saving grace in times of turmoil, and now right before his eyes, his country and village were being torn a part.

Some where deep inside him he saw positives and gained strength. He lost his daughters to a new pattern of tradition, he lost his home and friends, but what he still believed in, was his tradition, a tradition and pattern he looked to in times of chaos. ▼

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ray!

BY RANDY JAMISON MGW STAFF

ip dysplasia is a genetic disorder in which dogs have a poor fitting hip joint. This ball and socket joint should fit together neatly, allowing dogs to move the legs freely and without pain. Because their bones do not fit properly, dogs with hip dysplasia are prone to develop arthritis and related joint pain as they age. Motion of the hip joints slowly causes erosion of soft cartilage in these joints. Hip dysplasia can affect either or both of the rear leg joints.

Hip dysplasia can occur in most breeds, but it is predominant in larger dogs, particularly the German Shepherd, St. Bernard, Labrador Retriever, Pointers, and Setters. Although hip dysplasia is a genetic condition, research shows that environmental factors can also put a dog at risk. Overfeeding (especially of puppies) can predispose a dog to hip dysplasia. Excessive exercise may predispose dogs as well.

Signs of severe hip dysplasia usually appear before the dog reaches one year of age. Signs include rear leg pain, lack of coordination, and a limp or wavering gait. A common sign is the dog that has trouble rising. Dogs with severe hip dysplasia typically develop lameness by two years of age. Dogs with less severe cases may not experience arthritis and the related pain or lameness until six to ten years of age.

Since the clinical signs of hip dysplasia are similar to those of other diseases, veterinarians rely on Xrays to make a final diagnosis. This requires a mild anesthetic in order to carefully position the dog on the radiographic table. Veterinarians look for degenerative changes and abnormal shapes of the

dogs by making changes to the shape of the femur or pelvis. Another surgery option is hip replacement, which replaces the joint with a stainless steel ball and socket.

Dogs with hip dysplasia should not live a sedentary lifestyle that is free of exercise. By carefully allowing your dog to exercise, at her own pace, you can help loosen up the stiffness in joints. Pet owners should also pay close attention to their dog's weight. Just a few extra pounds can cause skeletal stress and increase your dog's pain. Another precautionary measure is to keep your dog out of the cold. Don't allow your dog to sleep in a drafty area, as the cold can aggravate her

Breeding

To prevent passing on hip dysplasia to puppies, pet owners should use extreme caution before breeding their dogs. Large breed dogs that are prone to hip dysplasia should be radiographed by a veterinarian to rule out the condition prior to breeding. Since the signs of hip dysplasia may not be evident until a dog is fully grown, these radiographs should not be performed until the dog is at least two years

For more information regarding canine hip dysplasia, consult with your veterinarian. As with all pet health care issues, your veterinarian is the best source for information concerning your individual pet's health care needs.

> Got A Great Photo Of Your Pet? Send It In For Possible Publication

Treatment

Depending on the severity of the dog's condition, veterinarians treat hip dysplasia with either drugs or surgery. Drug therapy doesn't reverse or cure the progression of hip dysplasia, but it does offer relief from the associated pain. There are several steroidal and non-steroidal, anti-inflammatory drugs available through veterinarians. Most require daily administration. For many dogs, these prescriptions can offer a tremendous relief - they return to a more active lifestyle that is free of joint pain.

Recent advances in veterinary medicine have made surgery a more successful option for treating severe cases of hip dysplasia. Surgeons can improve the joints in young



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HIVNEWSLINE

On The HIV Front

By Sonya Cox

POPE'S CONDOM STAND MAY NIX PRIZE AGAIN...

A member of the Nobel Peace Prize committee has lashed out at Pope John Paul's opposition to condom use to fight AIDS. The pope is often rumored to be among favorites for the Nobel Peace Prize, in part because of his contribution to the fall of communism a decade ago. But while members of the selection committee never comment on possible winners, and rarely offer their opinion about potential recipients, one committee member publicly stated that religious leaders should accept condoms as a way to combat a killer disease that has infected an estimated tirty-six million people.

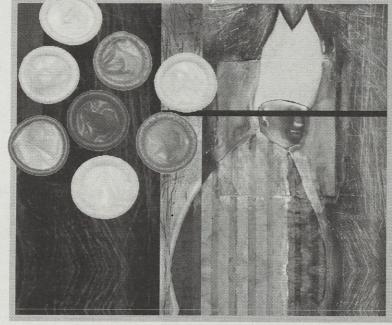
"I challenge the Vatican to redefine its attitude to condoms," the committee member told reporters. "The current Roman Catholic theology is one that favors death rather than life. Religious leaders must be outspoken."

LEATHER COMMUNITY TRIBUTE...

Community leaders and friends from Sacramento's leather community are the focus of this quarter's featured exhibit at the Lavender Library (1414 21st Street), on display through October as part of the AIDS Quilt's Memories of Sacramento series. Photos and stories about many of those the Sacramento community has lost to AIDS are on display (no fabric Quilt panels are included). In addition to its regular library hours (Thursday through Sunday), the Library will also be open for Sacramento's Second Saturday art gallery tour, from 6-8pm on Saturday, September 8. Call 492-0558 for more information.

NEW BOOK WORTH BUYING

The Guide to Living with HIV Infection (by Dr. John Bartlett and Ann Finkbeiner, and published by the Johns Hopkins AIDS Clinic) offers an excellent look at the current HIV epidemic, new medications, and how to stay as well as you can. In the discussion on prognosis and outlook, the authors say, "as far as we know, it's good. It's certainly drastically better than a few years ago... We now know that with treatment, the whole course of the disease can be slowed, although once HIV is in a person's body, it's virtually impossible to become 'uninfected.'... Many people could have good health indefinitely... and if they are taking drugs against HIV, they may possibly never



progress to AIDS."

For the recently-infected as well as the long-time survivor, the book discusses topics such as whom to tell, working, exercise, eating well, sex (and how to enjoy it as safely as possible), when to become concerned over eye problems or a cough or other symptoms, availability of assistance with income and medical bills, making legal and medical decisions and creating those important powersof-attorney stating your choices, and numerous other issues that are at the forefront of living with HIV disease. A good holiday gift for your family,

GALLERY TOUR INCLUDES RAW OYSTERS LINKED TO

Los Angeles County public health officials are warning people with chronic diseases to avoid raw shellfish after two deaths this month were linked to a rare bacterium. Four other people in the county have been hospitalized with a Vibrio vulnificus infection since late June. The bacterium is typically found in raw oysters from the Gulf of Mexico and affects people with diseases including cirrhosis, hepatitis, cancer, diabetes, and

The infection, which is fatal in 50% of all cases, causes septic shock, skin lesions, and gangrene that often requires amputation of limbs. For people with chronic diseases such as HIV, symptoms such as diarrhea, abdominal pain, and vomiting typically begin within twenty-four hours of eating contaminated shellfish and can kill within two to three days. Hispanics are possibly at higher risk because Gulf Coast oysters are particularly popular in the Latino community.

Two of the hospitalized men purchased oysters from pushcarts, one of

them as part of a marinade. Two others, including a man who died, ate ovsters in foods served by restaurants. Folks with HIV do themselves a great service by avoiding all raw or undercooked fish or eggs, thoroughly cooking chicken, and cooking their meat dishes to medium-well or higher.

ERA OF STABILITY IN AIDS CASES MAY BE ENDING...

The dramatic decline in the number of Americans developing AIDS and dying from the disease may be coming to an end, health officials from the CDC recently announced. Overall, 774,467 Americans have been diagnosed with AIDS and 448,060 have died since the first cases were reported in 1981. For the past three to four years, there has been an average of 40,000 new cases and 16,000 deaths every year - far fewer than during the previous decade. Health officials believe the stable plateau reflects the fact that most people who know they are infected and who have access to health care are now getting treatment that includes highly active drugs against the virus.

But there are now a number of signs "indicating that our progress in fighting the disease is in serious jeopardy," says a CDC spokesperson, not-

ing that cases among gay youth and poor populations are escalating. Forty-two percent of new infections are occurring in gay men, 33% in heterosexuals infected during sex, and 25% in injecting drug users.

If treatment failures become more of a problem, if resistance becomes more of a problem, we could see increases in deaths as well as in new AIDS cases. On the up side, HIV rates have declined in injection drug users in areas where testing has been done. In addition, only 156 cases of transmission from infected mothers to newborn infants were reported nationwide in 1999, a record low since the start of the epidemic, and an 84% decrease since 1992.

PHARMACIST CHARGED WITH DILUTING MEDS...

A wealthy Kansas pharmacist has been charged by Federal prosecutors with diluting approximately 150 prescriptions he filled over the last several months, including chemotherapy drugs to treat cancer and Kaposi's Sarcoma in people with AIDS. In one instance detected, he provided only 450mg. of a drug that required 1900mg. He pocketed about \$780 in that instance.

A representative of Eli Lily Pharmaceuticals noticed that the pharmacist had purchased only about onethird of the amount he was claiming to have supplied to a physician. An investigation by the physician, soon after the death of a woman who received a diluted amount of her chemo medications, revealed the shocking actions of this man in the name of

While the penalty for misbranding a drug can be three years in prison and a hefty fine, the FBI says there is also the possibility of a manslaughter or homicide charge if the death is linked to his actions.

UNSAFE SEX CAN NOW LEAD TO CRIMINAL CHARGES...

Since April, at least three Iowa men have told police they believed a local man that told them he was HIV-neg-"On The HIV Front" continues on page 20 > >

In Loving Memory of friends lost in August

SEPTEMBER 1982:

SEPTEMBER 1985:

SEPTEMBER 1986: David Wright Peter Sartori

SEPTEMBER 1987: Ron Strouse Jeffrey Rudy Estrella

SEPTEMBER 1988:

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SEPTEMBER 1990: Brendan Conkling Dr. Paul Mayfield Robin Nix

SEPTEMBER 1991: Kim Brownlee
Don Enright
Vincent Victory
Michael MacMaster
Neal Leatham
Vincent Peter Clark
Michael Yourd

SEPTEMBER 1992: SEPTEMBER 1992:
Carl McCollum
David Cogswell
Chico Chavez
Tim Dravis
Thomas Brooks Milton
Jim Jennings

SEPTEMBER 1993: EPTEMBER 199: Steve Sechelski Dean Ruff Don Hedges James Ballew Daniel Porter Michael Vera Josh Halford Tom Richardson Carrie Porter Phil Kibodeaux Brian Dodge

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onny Brinsfie Daril A. Timothy P. SEPTEMBER 1997: James Bryson Garry Lee Becker

SEPTEMBER 1999:

SEPTEMBER 2000: IN LOVING MEMORY
OF FRIENDS LOST LAST MONTH

August 2001: James C. Hamilton

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Coming Out, HIV Status, Stress, & Your Health

BY DR. JEFFREY CHERNIN

s it good for you to come out? The answer is, for the most part, yes. In fact, poor physical health may be related to the closet.

Coming Out Stress

Having to cover up about your "roommate" to co-workers, lying about where you went last week end to friends, worrying about sleeping arrangements when family members come to visit, and pretending to laugh an LGBT joke while secretly seething are just a few examples of how being in the closet leads to stressful reactions. Therefore, hiding your sexual orientation generally results in chronically stressful situations.

The link between hiding your sexual orientation and your physical condition is in your immune system. The immune system consists partially of cells that fight off infection and disease. The number of helper and killer cells decreases during chronically stressful situations.

In a recent development, one study has found that for people with HIV/AIDS, not revealing sexual identity is related to faster HIV progression. In the study, people who said they were "half or more in the closet" reached HIV milestones between 20-40% faster than people who said they were "completely out of the closet." These milestones included low CD4 levels and a more rapid AIDS diagnosis.

Concerned

While coming out can reduce stress by no longer having to hide, this is not true for all LGBT individuals. In another study by the same researchers, they found that people who were sensitive to rejection by strangers, coming out was related to faster HIV pro-

So, while it appears to be helpful to the immune system for most of us to come out to family and friends, it may be harmful for people who are highly sensitive to rejection to publicly come out. And though I am not aware of any studies that have been done in the area of revealing HIV-positive status, it is possible that the longer you hide it, the more stressful it becomes on your body.

Another issue to consider is that the coming out process, whether it is in regard to your orientation or HIV status, can in itself be very stressful. A good question is, "If you are still in the closet and are afraid to come out, how do you do it with the least amount of

While it is generally difficult to come out, having social support can reduce the stress associated with coming out. For example, if you have just moved to a new city and you want to come out to your family of origin, it is easier if you build up a support system first. The more people you talk to about coming out, the more information you will receive about possible reactions from family members, and imagining the possible range of reac-

tions beforehand can reduce the stress of possibly feeling blind-sided. You can even rehearse what you want to say in the mirror or with friends.

Talking and writing about your feelings is another way to reduce stress. Several studies have found that people who kept journals had better immunity and were in a better mood than those who did not.

Can you think of other ways to reduce the amount of stress during the coming out process? As coming out is a very important aspect of our lives, it may also help to think about it for a while, read books on the subject, talk about it on-line, and enlist as much support as you can during the process.

Minority Stress

LGBT individuals and people with HIV also have minority stress, which refers to stress resulting from discrimination. Examples of this type stress include workplace discrimination, lack of support for sero-discordant relationships, and the threat of verbal and physical assault, among others. The result of these stressors may lead to depression, anxiety, and physical problems.

Minority stress is worse for LGBT individuals than for ethnic and religious minorities. Individuals in ethnic and religious minorities generally receive support from family, friends, and places of worship. Our communities more commonly receive the opposite treatment, creating a unique type of minority stress.

LGBT people often have minority stress from being in two or more minorities. As an LGBT person, having HIV gives you a double-minority status. You may also belong to ethnic or religious minorities, and if you are a lesbian or bisexual woman, you also

have to deal with the stress from being less valued in society by virtue of being female.

Furthermore, if you are in an ethnic or religious minority, you may not have community resources from your ethnic or religious culture, and you will find racism and prejudice in the mainstream LGBT communities. Therefore, minority stress for these individuals, as well as people in the bisexual, drag, leather, small towners, etc. subcultures, may be higher due to having fewer available resources.

Coping with Minority Stress

Some ways LGBT individuals cope with coming out and minority stress actually increases it. One unhealthy way is by isolating. As children, we often isolate ourselves because we feel "different." As young adults, having a different sexual orientation can produce isolation when our friends are dating the other sex en masse. As a result, people with a minority sexual orientation are prone to the risk of isolation throughout adulthood.

Another unhealthy way to cope with stress is to escape through drinking and doing drugs. Repeatedly putting alcohol and drugs into your body is tantamount to an assault on your physical and mental health, causing major problems further down the road. Compulsivity is another way of trying to cope with stress, and sexual addiction has become a problem in the gay male community.

While there are many unhealthy ways of coping with the stresses of being LGBT, there are many healthy ways to deal with stress. Developing close friends, talking about stressful situations, facing your fears, and being honest about your sexual orientation and HIV status can improve your mental and physical well-being. ▼

₩ Jeffrey Chernin, Ph.D. is located in Los Angeles. He can be reached at JNChernin@aol.com







CORPORATE



FINANCE

Don't Dial 44

BY MOIRA C. LITTLE MGW STAFF

or many, it's hard to imagine life without a cellular phone. The convenience of being able to reach and be reached by coworkers, friends, and family at all times is great. While cell phones are certainly useful tools, they can also be a hazard on the road.

A study published in the New England Journal of Medicine reported the risk of collision when using a cell phone while driving was four times higher than the risk when one wasn't being used. In response to concerns by drivers across the country, many cities are proposing

when driving. Distraction and inattentiveness are too often the result of using the cell phone and driving. It's important to remember that the top priority when driving is getting where you are going safely. ▼

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- Avoid intense conversations while driving.
- · Don't use your cell phone during distracting or heavy-traffic situations.
- · Never take notes while driving.
- · Place your phone, or have it mounted within comfortable reach in your driving position - close to your line of vision.

"On The HIV Front": continued from page 18

ative before having unprotected sex with them. Now the man faces up to twenty-five years in prison if convicted of criminal transmission of HIV. Although the prosecutor in the case says that so far all of the man's accusers have tested negative, the law does not require that they be infected in order to prosecute – only that they were deliberately put in harm's way.

But the case illustrates a disturbing new trend. After nearly twenty years and millions of dollars spent on AIDS awareness, an increasing number of HIV-positive gay and bisexual men are having unprotected sex, experts say. Since the beginning of AIDS awareness nearly two decades ago, HIV prevention efforts have heavily targeted one group the uninfected. The new trend has forced the CDC and the National Institutes of Health to rethink this target audience.

While experts understand that few people want to pass along their infection, and every now and then just want sex to be spontaneous, the CDC's education plan through 2005 now includes "a priority on prevention" for HIV-positive people. ▼



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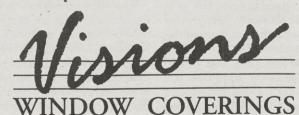
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September

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CLUB SKIRTS WOMEN'S FESTIVAL, Hyart Regency, 1 Old Golf
Course Rd., Monterey, 888-5-SKIRTS
FRONTRUNNERS & FRONTWALKERS FUN RUN, 9am, Guy West
Bridge at CSUS, 974-8199

MILLBRAE ART & WINE FESTIVAL, 10am, Broadway Ave., Millbrae,

SCOTTISH GATHERING & GAMES, 8am, Alameda County Fairgrounds, Pleasanton, 800-713-3160, caledonian.org

SUNDAY

CHALK IT UP. Fremont Park, 15th & P.St., chalkitup.org CLUB SKIRTS WOMEN'S FESTIVAL, Hyatt Regency, 1 Old Golf Course Rd., Monterey, 888-5-SKIRTS CROCKER ART MUSEUM FREE PUBLIC HOURS, 10AM, 216 0 ST.,

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MILLBRAE ART & WINE FESTIVAL, 10am, Broadway Ave., Millbrae, ST. SAL. GAY CONCOURS D'ELEGANCE, 10AM, MERCANTILE, 1928 L ST., 447-0792

SCOTTISH GATHERING & GAMES, 8am, Alameda County Fairgrounds, Pleasanton, 800-713-3160, caledonian.org

MONDAY

CHALK IT UP, Fremont Park, 15th & P St., chalkitup.org

FEMALE TO MALE SAC., 7pm, Lambda Center, 1927 L. St., 646-1417

MEN'S COMING OUT GROUP, 6pm, Lambda Center, 1927 L St., 442-

MEN'S DISCUSSION GROUP, 6pm, Lambda Center, 1927 L St., 442-0185

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CSUS; Gotto Sing, Sept. 7-9; Her Yever, Oct. 11-21; Bload Wedding, Nov. 1-11; Betrayul, Nov. 15-Dec. 2; Spring Alluman Review, Feb. 1617; Sontes & Sontos, March 7-17; Fireles of Perazone, Apr. 1-21; Medel, May 2-12; 5, 98AD, Sept. 19-29; Bload Schold Dance/Art, North 7-23; Dance Concert, Apr. 10-13; 6000 JS., 278-4337
FOOTHILL THEATRE COMPANY; The Comedy of Errors & The Winedo, May 2-12; 5, 98AD, Sept. 19-29; Bload Schold Dance/Art, Morch 7-23; Dance Concert, Apr. 10-13; 6000 JS., 278-4337
FOOTHILL THEATRE COMPANY; The Comedy of Errors & The Wine Gentlemen of Verron, furt Sept. 25, 9801 United Dank, Sept. 27-0d.
28; The Secret Gorden, Nov. 15-Dec. 30; 530-265-9320, 888-730-8587
GARBEAUS* DIMNER THEATRE; Whodomin, Hux Sept. 2; The Entrastick, Sept. 7-0d. 28; Ginderello, Sept. 15-0d. 27; Riders of the Purple Sope, Sept. 19; The EDIOS, Oct. 17: A Iribate to Neel Coward, Nov. 7; The Toys Take Over Christmas, Nov. 17-Dec. 22; 12401 Folosom Blvd, Rencho Cordon, 985-6361
GOLD COUNTRY CHAMBER ORCHESTRA; Scandinavian Calebration, Sept. 15; In The Romantic Todition, Nov. 3; Beethoven Trilogy, Jan. 26; Schoenberg Context, March 9; Spirit Of America, Apr. 6; First Church of Christ Scienter, 2300 Capital Ave., 457-3337
RR & LEDONOME S. GERSPHWIN THEATRE; King Leux, Sept. 19-0d. 7; 2550 Turk Blvd., 5; 415-392-4400
MAIN STREET THEATRE WORKS; Stoge Fright, Sept. 7-0d. 6; The Toming of the Shrew, Nov. 2-Dec. 1; Sotter Creek Theatre, 44 Moin St., 299-287-5869
MARCHES THEATRE AND ACTOR AND ACTO

CITY COUNCIL MEETING, 2 & 7pm, second floor City Council Chamber, City Hall, 915 | St., 264-5407 FREE FORD TUESDAYS, 9:30am, CA Palace of the Legion of Honor, 100 34th Ave. SE 415-750-3614

HEART TO HEART HIV SUPPORT GROUP, 6:30pm, CARES, 1500

SAC. RECORDER SOCIETY, 6:30pm, Goethe Hall, 1701 L St., 451-

WOMEN OUT AFTER 30 SUPPORT GROUP, 7pm, 1020 W. Capitol

WEDNESDAY

ASIAN ART MUSEUM FREE DAY, 9:30am, Golden Gate Park, SF.

CHANGELING TRANSGENDER DISCUSSION GROUP, 7pm, LYRIC, 127 Collingwood St., SF, 415-703-6150

LEATHER & LACE WOMEN'S MOTORCYCLE CLUB MEETING,

WED. EVENING READING GROUP, 7pm. Open Book, 498-1004

THURSDAY

DIMENSIONS FREE YOUTH CLINIC, 5pm, Castro Mission Health Center, 3850 17th St., SF, 415-487-7589 FUSE, 7pm, Central Library, 828 | St., 264-2770
RUSSIAN RIVER RESORT KARAOKE, 9pm, 16390 4th St., eville, 800-41-RESORT

SAC. GLBT BASKETBALL LEAGUE OPEN HOUSE, 6:30pm,

louden@aot.com
SFFRINGE FESTIVAL, thru Sept. 16, 415-673-3847, sffringe.org
VOICE OF THE VALLEY A CAPELLA CHOIR, 7pm, Natomas Park
Elementary School, 4700 Crest, Natomas, 487-7000
WOMEN CONNECTING: LESBIAN, BISEXUAL, & CURIOUS DISCUSSION GROUP, 7pm, Wellspring Community Center, 2400 Glendale Ln. Ste. G, 723-7849

FRIDAY

CATHEDRAL OF PROMISE METROPOLITIAN COMMUNITY CHURCH 30TH ANNIVERSARY, opening celebration service, 7pm, 10500 Chaplain Ave., Rancha Cordova, 725-9623
FRIDAY NIGHT DANCE, 7:30pm, Central United Methodist Church Social Hall, 5265 H St., 987-6614

PURPLE MOON DANCE PROJECT & LOUD, 8pm, Fort Mason Cener

R.E.A.L. YOUTH SUPPORT GROUP, 6pm, Breaking Barriers, 1722 J

RUSSIAN RIVER RESORT PIANO BAR, with Momi Starr, 8pm, 16390 4th St., Guerneville, 800-41-RESORT

SF FRINGE FESTIVAL, thru Sept. 16, 415-673-3847, sffringe.org

UKRAINIAN CULTURE & CUISINE FESTIVAL, 6pm, St. Andrew Ukrainian Parish, 7001 Florin Rd., 381-2529

CATHEDRAL OF PROMISE METROPOLITIAN COMMUNITY CHURCH 30TH ANNIVERSARY, children's activities, 12pm, 10500 Chaplain Ave., Rancho Cordova, 725-9623
CATHEDRAL OF PROMISE METROPOLITIAN COMMUNITY

CHURCH 30TH ANNIVERSARY, blessing of relationships & renew of vows with Rev. Smith, 1pm, 10500 Chaplain Ave., Rancho Cordova 725-9623

CATHEDRAL OF PROMISE METROPOLITIAN COMMUNITY CHURCH 30TH ANNIVERSARY, dance, 7pm, 10500 Chaplain Ave., Rancho Cordova, 725-9623

Rancho Cordova, 725-9623

DATING OLD PHOTOGRAPHS, 9:30am, Scott's Seafood Restaurant, 2 Broadway, Oakland, 510-663-1358

EMIGRANT TRAILS BIKE TREK, thru Sept. 10, benefit for Amer. Lung Assoc., Gold Country Foothills to Rancho Murieta, 444-LUNG

FRONTRUNNERS & FRONTWALKERS FUN RUN, 9am, Guy West Bridge at (SUS, 974-8199

KIMERON HARDIN SPEAKER, 4pm, Open Book, 910 21st St., 498-

MASTER GARDENER PLANT CLINICS, 10am, POW Nursery, 12724 Quince Ln., Wilton, 875-6913 MOUNTAIN VIEW ART & WINE FESTIVAL, 10am, Castro St., Mountain View, 650-968-8378

PURPLE MOON DANCE PROJECT & LOUD, 8pm, Fort Mason

Cener, SF, purplemoondance.org
RUSSIAN RIVER JAZZ FESTIVAL, Bobby Caldwell, Bob James, Pete
Scofvedo, Bobby Hutcherson Quartet, Paula West, & Dan Hicks & The
Disciples of Jump, Johnson's Beach, Guerneville, 707-869-3940

SF FRINGE FESTIVAL, thru Sept. 16, 415-673-3847, sffringe.org

UKRAINIAN CULTURE & CUISINE FESTIVAL, 2pm, St. Andrew Ukrainian Parish, 7001 Florin Rd., 381-2529

ART IS FOR BABIES SALE & SILENT AUCTION, benefit for Sac. Crisis Nursery, 1pm, Governor's Mansion, 2300 California Ave. Carm, 444-8642

CATHEDRAL OF PROMISE METROPOLITIAN COMMUNITY CHURCH 30TH ANNIVERSARY, celebration service, 10am, 10500 Chaplain Ave., Rancho Cordova, 725-9623 CROCKER ART MUSEUM FREE PUBLIC HOURS, 10AM, 216 0 57 364.5427

HALF-FAST HIKING GROUP, ANGEL ISLAND, 731-5838 HALF-4ST HIRING GROUP, ANGEL DIAMO, 731-3036
LIGHT FAMILY & FRIENDS SUPPORT GROUP, 7PM, TRINITY
UNITED METHODIST CHURCH, 285 E. Fifth St., Chico, 530-872-3105
MASTER GRADENER PLANT CLINICS, 11am, Target Nursery, 2502
Riverside Blvd., 875-6913
OLD SAC. AUTUMN COLLECTOR'S FAIR, 7am, 443-6223

RUSSIAN RIVER JAZZ FESTIVAL, Dr. John, Jimmy Skith Quartet, Pat Martino & Trio, Joey Defrancesco, Mark Levine & The Latin Tinge, & Roy Tyler & New Directions, Johnson's Beach, Guerneville, 707-869-3940

SAC. VALLEY AIDS WALK, 9am, west steps of Capitol, 800-583-1134

SF FRINGE FESTIVAL, thru Sept. 16, 415-673-3847, sffringe.org

Meeting Room, 828 I St., 264-5558

MEN'S COMING OUT GROUP, 6pm, Lambda Center, 1927 L St.,

MEN'S DISCUSSION GROUP, 6pm, Lambda Center, 1927 L St., 442-0185

SF FRINGE FESTIVAL, thru Sept. 16, 415-673-3847, sffringe.org

11

CAPITAL CITY SQUARES, 6:30pm, Jefferson School, 2001 Pebblewood Dr., Notomas, 929-8697 CITY COUNCIL MEETING, 2 & 7pm, second floor City Council Chamber, City Hall, 915 1 St., 264-5407

Chamber, City Hall, Y15 1 St., 264-3407

DAVIS/SAC WOMEN'S SONG CIRCLE, 7pm, location to be announced, jopilint@ool.com, 530-756-2541

FREE FORD TUESDAYS, 9:30am, CA Palace of the Legion of Honor, 100 34th Ave., 55, 415-750-3614

HEART TO HEART HIV SUPPORT GROUP, 6:30pm, CARES, 1500

PRIDE PRESERVER MEETING, LLACE, 1414 2st St., 492-0558 FRINGE FESTIVAL, thru Sept. 16, 415-673-3847, sffringe.org
WHAT IS THE SCHWAB-ROSENHOUSE COLLEGE RESOURCE
CENTER?, 7pm, Central Library, 818 1S1, 264-2920
WOMEN OUT AFTER 30 SUPPORT GROUP, 7pm, 1020 W. Capitol
Ave., 452-3909

WEDNESDAY

ADVENTURES IN THE GREAT OUTDOORS, 10am, 3939 Walnut

BOSCO THE MAGICIAN, 6:30pm, Arcade Library, 2443 Marconi Ave., 264-2770

CHANGELING TRANSGENDER DISCUSSION GROUP, 7pm, LYRIC, 127 Collingwood St., SF, 415-703-6150

ART GALLERIES

BARTON GALLERY; Modern Art Forgery Competition, thru Sept. 6; 1723 I St., 443-4025
BERKELEY ART MUSEUM; Face Of Buddha: Sculpture From India, China, Japan, And Southeast Asia, thru 2003; 2625 Durant Ave., 510-

BERKELEY ART MUSEUM; Face Of Buddha: Sculpture From India, China, Japan, And Southeast Asia, thru 2003; 2625 Duront Ave., 510-642-1208
BLOOMING ART; Heidi Murray, Sept. 6-Oct. 6; 1901 Capitol Ave., 442-3800
CA PALACE OF THE LEGION OF HONOR; After the War: Europeans Artists' Books 1945-1955, thru Sept. 2; Henry Moore, thru Sept. 16; Ed Ruscha, thru Oct. 7; Lincoln Park, Sct 157-50-3614
CHROMA GALLERY; Once Upon A Color, thru Sept. 5; Looking Forward, Sept. 8-Oct. 8; 10030 Fair Oaks Blvd., F0, 966-6020
CROCKER ART MUSEUM; Judith Lowry, thru Oct. 12; Almost Warm & Fuzzy: Childhood and Contemporary Art, Aug. 31-Nov. 4; Victorian Christmas, 216 O Sn., 264-5423
DOIROM GALLERY; Dawna Johnson, Lorna Patterson, & Gina Layton, thru Sept. 5; 1625 Del Pasa Blvd., 564-4433
EXPLORATORIUM; Mathematica, Oct. 6-May 5; 3601 Lyon 5t., 55, 415-563-7337
FINE ARTS CENTER; No Way To Frame Itl, Aug. 28-Sept. 16; CA Membership Show, Sept. 18-30; Bold Expressions, Oct. 2-21; 2001, A Photo Odyssey, Nov. 13-25; 53308 Gibbons Dr., Carm., 971-317
FOLSOM HISTORY MUSEUM; School Spirit, thru Aug. 31; 823 Sutter St., Folsom, 985-2707
GLBT HISTORICAL SOCIETY, Virginia Benovidez, thru Aug. 31; 973 Morket St., 55; 415-777-5455
JAY JAY; John J. Smith, Sept. 5-Oct. 20; 2096 Franklin Blvd., 486-67650
JOHN NATSOULAS GALLERY; Fall Season Opening Exhibition, Sept. 5-Sept. 30; 521 Third St., Davis, 530-756-3938
LAYENDER LIBRARY; Soc. Leather History, thru Sept. 29, 1414 21st 5t., 492-0558
MOCA MUSEUM; James Welling: Photographs 1974-1999, thru Aug. 26; David Hockney Photoworks Retrospective, thru Oct. 21; A Room Of Their Own, thru Dec. 1; Douglas Gordon, Sept. 16-Jan. 13; Motta in America: Paintings and Drawings of the 1940s, Oct. 7-Jan. 6; 250 South Grand Ave., LA, 213-621-2766
PALACE OF THE LEGION OF HONOR; After the War: European Artists' Books 1945-1955, thru Sept. 2; Henry Moore, thru Sept. 16; Ed

Grand Ave., LA, 213-621-2766

PALACE OF THE LEGION OF HONOR; After the War: European Artists' Books 1945-1955, thru Sept. 2; Henry Moore, thru Sept. 16; Ed Ruscha, thru Oct. 7; 100 34th Ave., SF, 415-750-3614

SAC PUBLIC LIBRARY; Native American Basketry, thru Oct 28; Vientnamese Cermics, Aug. 2-Sept. 1; 264-2770

SAN FRANCISCO MOMAP, Paul Kiee, thru Sept. 4; Points of Departure: Connecting with Contemporary Art, thru Sept. 16; Joel Sternfeld, thru Oct. 31; Ultro Buroque: Aspects Of Post Latin American Art, Aug. 18-Dec. 310

SOLOMON DUBNICK; Brenda Louie, Sept. 6-29; 920-4547

TOWER GALLERY; Drawn To The Figure, thru Sept. 29, 2131 Northrup Ave. Ste. B, 923-6204

UTRECHT ART GALLERY; Pastels In Light, Sept. 8-Oct. 7; 1612 Howe Ave., 641-6400

SF FRINGE FESTIVAL, thru Sept. 16, 415-673-3847, sffringe.org WED. EVENING READING GROUP, 7pm, Open Book, 498-1004

DIMENSIONS FREE YOUTH CLINIC, 5pm, Castro Mission Health Center 3850 17th St., Sf, 415-487-7589 MONSTER BOOK SALE PREVIEW, 6:30pm, Belle Cooledge Library,

5600 S. Land Park Dr., 264-2770

OUT OF KELTER, 7pm, Central Library, 828 | St., 264-2770 RUSSIAN RIVER RESORT KARAOKE, 9pm, 16390 4th St., Guerneville, 800-41-RESORT SAC. GLBT BASKETBALL LEAGUE OPEN HOUSE, 6:30pm,

SF FRINGE FESTIVAL, thru Sept. 16, 415-673-3847, sffringe.org

VOICE OF THE VALLEY A CAPELLA CHOIR, 7pm, Natomas Park Elementary School, 4700 Crest, Natomas, 487-7000 WOMEN CONNECTING: LESBIAN, BISEXUAL, & CURIOUS DISCUSSION GROUP, 7pm, Wellspring Community Center, 2400 Glendale Ln. Ste. G, 723-7849

FOOL HOUSE POKER GROUP, 922-6287, 723-5269 FRIDAY NIGHT DANCE, 7:30pm, Central United Methodist Church Social Hall, 5265 H St., 987-6614

GINA LIVINGSTON, 9PM, LUNA'S CAFE, 1414 16TH ST., 590-5777
MEXICAN MUSEUM GROUNDBREAKING CEREMONY, 10am,
Argent Hotel outdoor pation, 50 3rd St., 5F, 415-202-9710
MONSTER BOOK SALE, 10am, Belle Cooledge Library, 5600 S. Land

RUSSIAN RIVER RESORT PIANO BAR, with Momi Starr, 8pm, 16390 4th St., Guerneville, 800-41-RESORT SF FRINGE FESTIVAL, thru Sept. 16, 415-673-3847, sffringe.org

TRIGGER MIXER, multimedia performance by Harry Gamboa Jr., SF MOMA, 151 3rd 5t., SF, 415-978-2787

SATIIRDAY

AFRICAN VIOLET SOCIETY SHOW & SALE, 2pm, 2pm, Soc. Garden & Arts Center, 3330 McKinley, 530-637-9000 Arts Center, 3330 McKinley, 530-637-9000
FRONTRUNNERS & FRONTWALKERS FUN RUN, 9am, Guy West Bridge at CSUS, 974-8199
GRAND OPENING OF ORANGEVALE LIBRARY, 10am, 8820
Greenback Ln. Ste. L, Orangevale, 264-2770
MASTER GARDENER PLANT CLINICS, 10am, Lumberjack, 8711
Greenback Ln., Orangevale, 875-6713
Greenback Ln., Orangevale, 875-6713
Greenback Ln., Orangevale, 875-6713

MONSTER BOOK SALE, 9am, Belle Cooledge Library, 5600 S. Land Park

SF FRINGE FESTIVAL, thru Sept. 16, 415-673-3847, sffringe.org

SUNDAY

AFRICAN VIOLET SOCIETY SHOW & SALE, 10am, 2pm, Sac. Garden & Arts Center, 3330 McKinley, 530-637-9000

ANIMAL PLACE OPEN HOUSE, 10am, 3448 Laguna Creek Trail, Vacaville, 707-449-4814, AnimalPlace.org

Vacaville, 707-449-4814, AnimalPlace.org CROCKER ART MUSEUM FREE PUBLIC HOURS, 10AM, 216 0 ST.,

LGBT SUPPORT GROUP, 7PM, TRINITY UNITED METHODIST CHURCH,
285 E. Fifth St., Chico, 530-872-3105
MASTER GARDENER PLANT CLINICS, 11am, Lumberjack, 8380 Florin

SF FRINGE FESTIVAL, thru Sept. 16, 415-673-3847, sffringe.org VIVA ROSEVILLE HISPANIC HERITAGE FESTIVAL, 12pm, Royer Park, 782-2040

MONDAY

MEN'S COMING OUT GROUP, 6pm, Lambda Center, 1927 L St., 442-0185

MEN'S DISCUSSION GROUP, 6pm, Lambda Center, 1927 L St., 442-

MASTER EVENTS CALENDAR

1	Sacramento Sierra Stampede, 978-4040	August 18-20, 2001
1	Sacramento Rainbow Festival 2001, 448-7798	Labor Day Weekend
	Chico Pride Festival, chicopride2001@hotmail.com	September 22, 2001
		September 30, 2001
1	Sydney Gay Games, SAGA 451-8663	November 2002
	Breast Cancer Awareness Month	
ı	S.F. Castro Street Fair, 415-467-3354	
9	National Coming Out Day	October 11, 2001
1	Sacramento International Gay & Lesbian Film Festival	
1		October 12, 2001
	MGW Newspaper 23rd Anniversary Celebration	
ı	Election Day	
	Sacramento Reverend Ed Sheriff Day	
	Sacramento Domestic Partners Law Anniversary	
	S.F. Harvey Milk and George Moscone Killed	November 27, 1979
	World AIDS Day, 443-3299	
	Real Women Project, realwomenproject.com	January 20-22, 2002
	Earth Day, EarthDay.net	
	Sacramento Jazz Jubilee, sacjazz.com	
	Sacramento Fredom Fair, 442-0185	June 2002
	San Francisco Lesbian & Gay Film Festival, 415-703-865	0June 2002
	San Francisco Pride, 415-864-0831, sfpride.org	June 2002
	Provincetown LGBT Family Week, 619-296-0199	Aug. 4-10, 2001
	Michigan Womyn's Music Festival, 231-757-4766	August 8-13, 2001

TUESDAY

Dr., Nationas, 929-8697

Or., Nationas, 929-8697

CITY COUNCIL MEETING, 2 & 7pm, second floor Gity Council Chamber, Gity Hall, 915 151., 264-5407 CAPITAL CITY SQUARES, 6:30pm, Jefferson School, 2001 Pebblewood

18

HEART TO HEART HIV SUPPORT GROUP, 6:30pm, CARES, 1500

MARIAH WILDERNESS EXPEDITION, Greek Islands Cruise, thru

MARIAH WILDERNESS EXPEDITION, Greek Islands Cruise, Intro-Sept. 29, 804-AMRAIH, mariathwamen.com PFLAG MEETING, 7:30pm, St. Mark's United Methodist Church, 2391 St. Mark's Way, 978-0410 THE COLLEGE PLANNING LADDER: FOCUS FOR HIGH SCHOOL SENIORS, 7pm, Central Library, 8181 St., 264-2920 WOMEN OUT AFTER 30 SUPPORT GROUP, 7pm, 1020 W. Capital Ley. 463-2000.

CHANGELING TRANSGENDER DISCUSSION GROUP, 7pm, LYRIC, 127 Collingwood St., SF, 415-703-6150

LAMBDA CENTER BOARD MEETING, 6pm, 1927 L St., 442-0185

LEATHER & LACE WOMEN'S MOTORCYCLE CLUB MEETING, 725-9467, llwmc@aol.com TEXAS REGIONAL LGBT HEALTH SUMMIT, thru Sept. 22, Bering Memorial United Methodist Church, Houston, TX, 713-526-1017
WED. EVENING READING GROUP, 7pm, Open Book, 498-1004-

CREATING 'HIGH-FIVE' TEAMS: REVOLUTIONARY STRATEGIES FOR THE NEW ECONOMY, 9am, The Crest, 1013 K St., 800-873-6451 DIMENSIONS FREE YOUTH CLINIC, 5pm, Castro Mission Health Center, 3850 17th St., SF, 415-487-7589

GSGRA SAN DIEGO ROBEO, thru Sept. 23, Del Mar Fairgrounds, 2260 Jimmy Durante Blvd., Del Mar, 619-298-4708

HABANERO QUARTET, 7pm, Centrol Library, 828 | 11, 264-2770 RUSSIAN RIVER RESORT KARAOKE, 9pm, 16390 4th St.,

rneville, 800-41-RESORT

Guerneville, 800-41-R50/R1
VOICE OF THE VALLEY A CAPELLA CHOIR, 7 pm, Natomas Park
Elementary School, 4700 Crest, Natomas, 487-7000
WOMEN CONNECTING: LESBIAN, BISEXUAL, & CURIOUS
DISCUSSION GROUP, 7 pm, Wellspring Community Center, 2400
Glendole In. Ste. 6, 773-7849
DIVAFEST 5, The Willows, 15905 River Rd., Guerneville, 707-876-3004

FRONTRUNNERS & FRONTWALKERS FUN RUN, 9am, Guy West Bridge at CSUS. 974-8199 GLSEN TEACHING RESPECT FOR ALL CONFERENCE, Hilton Alexandria Mark Center, 5000 Seminary Rd., Alexandria, VA, 877-60-

MGW

Guess What!

V

Guess What!

E E

BUSINESS DIRECTORY

Family Alliance, 9719 Lincoln Village Dr. Ste. 401, 364-8914

AIDS SERVICES

Breaking Barriers, 1722 J St., #321, 447-AIDS

C.A.R.E.S., 1500 21 St., 443-3299

Heart to Heart Emotional Support Group, 1500 21st St., 386-2504

Metropolitan Community Center For AIDS, 1722 J St. #8, 447-2444

Names Project, AIDS Memorial Quilt, 3104 0 St., PMB 357, ozinsac@aol.com, 484-5646

ANTIQUES

57th St. Antique Mall, 875 57th St., 451-3110

Discovery Antiques, 855 57th St., 739-1757 Now & Again Antiques, 855 57th St., 454-9938

ASSOCIATIONS

Alcoholics Anonymous, 2631B Riverside Blvd., Dan, 486-0331, Karla, 568-6714

Capital City Hoopsters, louden@aol.com

Capital City Squares, CapCitySqs@aol.com, 929-8697 Female to Male Sac., 646-1417, kpboxer@yahoo.com FrontRunners & Walkers, 974-8199, frontrunners.org

Gay Fathers of Sac., 484-5636 Log Cabin Republicans, 491-4974, saclogcabin.org

Rainbow Bridge Speakers, Paula, 658-0892 Sac. Arts & Games Association, 451-8663

Sac. Area Women's Community Network, 451-8034,

Valley Knights Motorcycle Club, 455-6540

ATTORNEYS

Andrew Last, 2150 Capital Ave., #100, 446-5574 **Allan Owen**, Ordas, Timmons, Owens & Owen Inc., 906 G St., #610, 444-0321

Mark La Rocque, 725 30th St., #101, 498-0431 Rosemary Metrailer, 2206 K St. Suite 5, 447-7258

AUTOMOTIVE SERVICES

Burber Shop Automotive, 1116 18th St., 448-3257 Cuilla Brothers Body Shop, 2413 J St., 443-6323 Gem Car Wash, 5150 Freeport Blvd., 451-6524 Ray's Auto Stereo & Alarms, 1925 F St., 447-9753

BARS/NIGHTCLUBS

The Bolt, 2560 Boxwood St., 649-8420

The Depot. 2001 K St., 441-6823 Faces, 2000 K St. 448-7798

Hamburger Mary's, 1630 J St., 441-4340

Mercantile, 20th & L., 447-0792 Townhouse, 1517 21st St., 441-5122

BOARD OF SUPERVISORS

700 H St., Rm. 2450,

District 1: Roger Dickinson, 874-5485 District 2: Illa Collin, 874-5481

District 3: Murial Johnson, 874-5481

District 4: Robert Niello 874-5491 District 5: Don Nottoli 874-5485

CAR WASH

Gem Auto Care 5150 Freenort Rlvd 451-6524

Harv's Car Wash & Smog Center, 1901 L St., 446-0129

CEMETERIES/MORTUARIES

East Lawn Memorial Park & Mortugries, 732-2000

CHIROPRACTORS

James Carlson, Rocklin Chiropractic, 5875 Pacific St. #D, Rocklin, 624-0682

Karen Chaney, Universal Chiropractic, 7200 S. Land Park Dr., Suite 200, 392-3900

CHURCHES

Cathedral of Promise MCC, 10500 Chaplain Ave., Matherfield Rd., 364-4325

Dignity, 2529 K St., 492-6452

Lutheran Church Of Our Redeemer, 4641 Marconi Blvd., 483-5691 Lutherans Concerned, 448-4769, 927-2624

CITY COUNCIL

City Hall. Rm. 205, 915 | St

Mayor Heather Fargo: 264-5300 City Council Session Call-In, Cable Channel 73, 264-8255

District 1: Ray Tretheway, 264-7001 District 2: Sandy Sheedy, 264-7002

District 3: Steve Cohn. 264-7003

District 5: Lauren Hammond, 264-7005

District 6: Dave Jones, 264-7006 District 7: Robbie Waters, 264-7007

District 8: Ronnie Pannell 264-7008

CITY PARKS

City Park Reservations, 277-6060

COMPUTERS/COPIERS

DENTISTS

DRY CLEANING SERVICES

ELECTRICAL

FINANCIAL SERVICES Killick Financial Services, 2321 Lloyd Ln., 486-8985

GARDENING SERVICES

English Garden Care, 489-8903

GAY CENTER

Lambda Community Center, 1927 L St., 442-0185

GIFTS

Good Vibrations, 938 Howard St., #101, 415-974-8985

GRAPHIC DESIGN

MGW Typesetting & Graphics, 1725 L St., 441-6397

GROCERIES

Taylor's Market, 2900 Freeport Blvd., 443-6881

HAIR STYLISTS

Associates Hair Design, 3714 J St., 455-0667

HALLS/MEETING PLACES

Channel 6, KVIE, Ose Community Rm., 2595 Capital Oaks Dr., 929-5843

Musicians Hall, 1925 Del Paso Blvd., 565-2500 SMUD Building, 6301 S St., 916-732-5310

Multiply subtotal by#___ of issues.

Abusiness directory

Fitness Happens Certified Personal Training & Nutritional Guidance, 2411 15th St., 444-1440

HOTELS/INNS/RESORTS

La Residence Country Inn, 4066 St. Helena Hwy,, Napa Valley; David & Craig, 707-253-0337

Russian River Resort, 16390 4th St., Guerneville, 800-41-RESORT

HOUSING

Spectrum Apartment Search, 821 Howe Ave., 368-7368

INFORMATION

MGW Newspaper Archives, past issues are available on microfilm at Lavender Library, Main Sacramento Library, CSUS Library, University of California at Davis Library, and San Francisco Main Library.

INSURANCE

Allstate, Dan Huffman, 5300 Madison Ave., Suite A, 344-

State Farm, Moira Little, 3400 Broadway Ste. A1, 854-5985

JEWELRY

Arareity Fine Jewelry, 1021 R St., 446-1535

MORTGAGE

Chase Manhattan, Rick Corby, 2998 Douglas Blvd. Ste. 105, 787-1429

Danny Figueroa, Senior Loan Officer, AccuBanc Mortgage Corp., 1601 Response Rd., #206, 564-9500

Dee Petee, Senior Loan Officer, AccuBanc Mortgage Lender, 564-9500

Shirleen Von Hoffman, Loan Officer Vice President, North American Mortgage Co., 950 Cal Center Dr., #100, 780-6222

Ellie's Legal Document Service, 9413 Forest Vista Way, Elk Grove, 683-9801

Pre-Paid Legal Services, 707-998-4045, prepaidlegal.com

MAIL BOX RENTAL/SHIPPING Alhambra Mail & Parcel, 3104 0 St., 731-4440

Lotus Valley Nursery/Garden, 5606 Peterson Lane, Lotus, 626-7001

NURSERY

OPTOMETRIST/EYE GLASSES

Dr. Cameron Yee, 6407 Riverside Blvd., 395-0673 **Styleyes,** Eric Geiger, 2231 J St., Ste. 102, 448-2220

PAINTING

Sandman Painting & Drywall, 925-4838

PET CARE/RESCUE

Animal Housecall, Dr. Nancy Weagly, 456-0967

Animal Place, 3448 Laguna Creek Trail, Vacaville, 707-449-4814 Breeder's Corner, 9045 Fair Oaks Blvd., Ste. D, 944-7078

Faux Paw Kennels, Adopt A Pet, 9204 Florin Rd., 988-6225, 387-8811

Fur People Pet Sitting, 457-1655 Home & Critter Sitter, 3104 0 St., 447-0735 Kennel Room: Small Dog & Cat Grooming, 3104 Fulton Ave., 482-4542

Labrador Retreiver Rescue, 209-951-3697, cc-

Waggin Tails K9 Waste Removal, 987-8587, 800-POOP-SCOOP

PHOTOGRAPHY

Cain's Foto Images, Katie Tavares, 952-7408 Photography By Larry, 645-8447; 800-916-FOTO

REAL ESTATE

Aladdin Realty, Karen Ayala, 4120 Douglas Blvd. Ste. 306-323, Granite Bay, 791-0715

Bill McJunkins, Realtor, Whisler Land Co., 443-6969 Brian McMartin, Realtor, Whisler Land Co., 451-5767 Charon Jenner, Cook Realty, 4305 Freeport Blvd, 763-1781 Doug Gonzales, Realtor, Whisler Land Co., 837-7394 Judy Randall, Realtor, Whisler Land Co., 453-0313 Mark Whisler, Broker, Whisler Land Co., 446-6666 Pfingst Realty, 9978 Folsom Blvd., 362-1166

e Gamez, Realtor, Whisler Land Co., 802-2845

REMODELING

Cherry Home Improvement, 933-0506 Feather Your Nest Home Repair, Gayle Rendleman 652-4204

RESTAURANTS City Treasure, 1730 L St., 447-7380 The Greek Village Inn, 65 University Ave., 922-6334 Sacramento Brew Pub, Town & Country Village, 485-4677

RESUME SERVICES

Metro Solutions, 2933 Chiplay, 213-5987

SACRAMENTO INFO

MGW: mgwnews.com

Sac. Police Dept.: sarnd ora

Sac. Maps: citymaps.sacto.org

SHELTERS

WIND Center For Homeless Teens, Lynette Lyons, 300 Ahern St., 443-1386

STEREO REPAIR Ray's Auto Stereo & Alarms, 1925 F St., 447-9753

THERAPISTS Bruce Gunn, MFCC #M19480, 418 Alhambra Blvd., 443-

Deborah Otten, MFT #Mv023109, 820 24th St., 443-6253 Sandra Warne, MFCG#30585, 650 Howe Ave #730, 568-1025

THRIFT STORE MCC Out Of The Closet Thrift Store, 3230 Broadway,

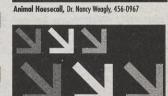
Sutter Hospice/Roseville, 2120 Harding Blvd., 783-5509

TRAVEL

Sports Leisure Travel, 9527 Folsom Blvd., 361-2051

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Ray's Auto Stereo & Alarms, 1925 F St., 447-9753 VETERINARIANS



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POLICE CADET/OFFICER

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MGW is looking for a transcribing machine for micro and full size cassettes. Old or new donations will be appreciated. Call 441-6397

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